

The Oasis Spa & Health Club

Indulge...

The Medispa concept; Refresh & Renew with this sophisticated selection of rejuvenating Medspa services delivered to you by the most qualified experienced Doctors and Therapist within their field of expertise. Rejuvenate, redefine and discover your beauty.

Facial & Medi Treatments

Comfort Zone Facials 60 mins from £77

Personalised facials prescribed to renew, rebalance and give you glorious skin, pure relaxation is the key element.....

OXYjet Star Facial 90 mins from £109

Natural alternative to Botox and Dermal filler system, promotes even skin tone alleviate lines and wrinkles.
(90 minutes) £109

OXYjet Star Luxury energiser facial 75 mins from £88

Rejuvenate your natural youthful looks with this energising facial. This treatment includes intensive attention to your eyes and lips.

Medi Facials & Peels 60 mins from £77

Cosmedix chemical peels treat and resolves most common skin problems, you will be delighted the way your skin looks and feel.

Visia Digital Skin Analysis 30 mins from £30

This is an exciting technological innovation that uses a multi-spectral imaging system to identify problem areas of your complexion.

Beautytek anti-cellulite treatment from £88

Non-invasive medispa techniques lift and firm the buttocks, tummy, breasts and face natural alternative to surgery.

Signature treatments

Pindakarma Experience -75 mins £88

Hot herbs encased in a cotton pouch release muscular tension and cleansing the system, resulting in a boost in energy and vitality, ultimate medical massage.

Kristalakarma Massage 75 mins £88

A combination of hand blended oils & warm ancient crystal massage the body to restore energy, whilst many other semi-precious crystals are placed on the body to create harmony to the mind body and soul.

Ancient Stones – 75 mins £88

Invigorating & Stimulating combination of hot oil & hot stones will release the tension trapped deep within the muscles.

Shirodosha Massage-75 mins £88

Exceptional Experience a continuous flow of warm aromatic Doshia oils are applied on the forehead and a deep pressure point scalp massage then flowing in to a full body massage, takes you to another place.

Thai Yoga Massage –90 mins £99

Incorporating the stretching techniques of Thai massage and Yoga, this massage is performed with you being fully clothed on a Futon.

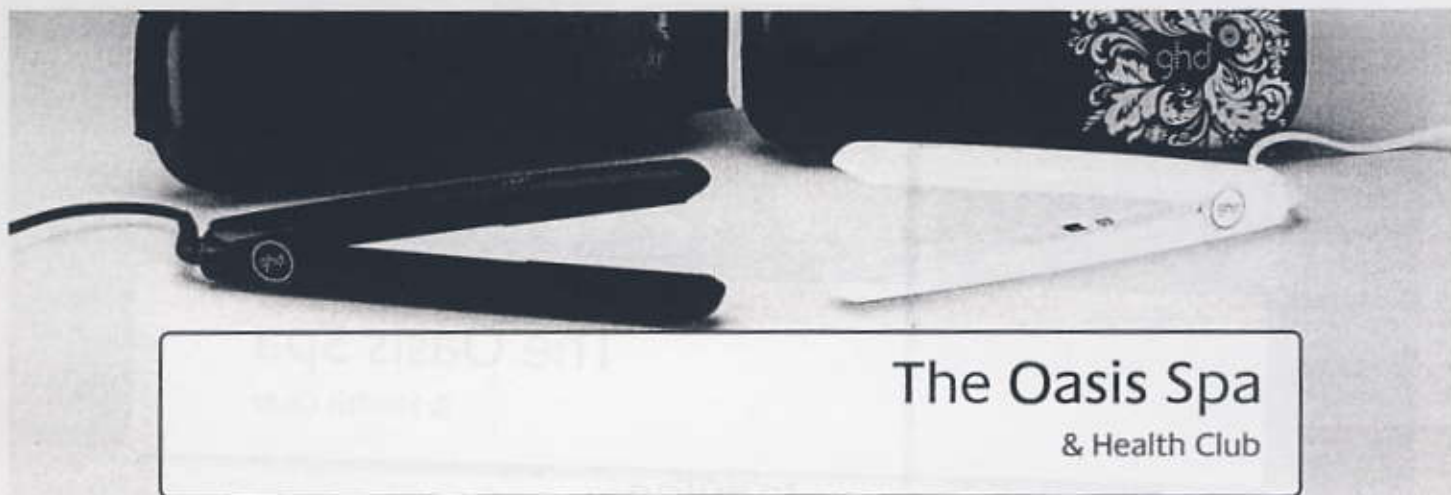
Body Composition Analysis £33

During this one-one assessment with your fitness specialist will Teach you how to eat and exercise correctly as well as how to get rid of excess fat ,water ,toxins and how to build muscle that will help you lose weight, feel healthy and look great!

The thermal retreat and couples Rasul

The thermal retreat £10 day pass, £50 cruise pass or £80 per couple.

The couples Rasul room £30 per hour including a glass of Champaign each



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Teeth Whitening system.

Create the smile you have always dreamed off with LA Smile System.
-90 mins £198

The Teeth Cleaning Programme- 30 mins £66

For best results let our dentist clean and polish you teeth prior to your whitening treatment, or opt for a clean and polish on it's own.

The Acupuncture Programme.

ACUPUNCTURE is rooted in an ancient Chinese Philosophy of change, growth, balance and harmony. Realign and rebalance your physical and psychological well-being with this treatment programme delivered by British Acupuncture Council Registered Practitioner.

Initial treatment includes consultation 60 minutes £88

Follow up treatments 30 minutes £66

The Styling & Make-up Room.

Shampoo/Finish from £25

Pin ups& dressing from £35

Ladies Cut and blow dry From £45

Men's Cut and Finish £22

Makeup application £33

Colour application & colour correction only via consultation, then reservation can be made. From £10

The Nail Programme.

Standard Manicure - 30 mins £22

Includes a hand and forearm massage

Deluxe Manicure -45 mins £33

This includes a hand and forearm massage, hot oil treatment and warm towels for higher complete pampering.

French Manicure - 30 mins £33

Includes a hand and forearm massage and French varnish to finish

Standard Pedicure- 30 mins £28

Includes a foot and ankle massage

Deluxe Pedicure- 45 mins £38

Includes a foot and ankle massage, exfoliation up to the knees and the removal of all hard skin.

French Pedicure - 30 mins £38

Includes a foot and ankle massage and a French varnish to finish

Gels

Full Set £49

Fills £28

Repair £5 per nail

Marvellash instant lash extensions

A fantastic semi permanent method of creating longer, fuller lashes feel comfortable, are virtually weightless and look and feel completely natural Marvellash full set £80

Wax

Facial hair - from £11

Full leg - from £30 Half leg - from £22

Bikini - from £11

Brazilian - from £33

Underarms - £12

16229 for Reservations