

MONDAY, 10 MAY 2010

WEATHER:

SUNRISE: 5.11AM SUNSET: 10.01PM

DRESS CODE: SMART CASUAL

Stylish leisurewear is ideal, such as casual separates for ladies and open-neck polo shirts and casual trousers for men.

# horizon



## WELCOME TO BERGEN

ARRIVE: 9.00AM

BACK ON BOARD: 5.30PM

A former 'European City of Culture' with a string of fascinating art galleries facing its Lille Lungedgardsvann Lake, Bergen cruise port nestles amongst the magnificent mountains strung along Norway's western coastline and is a gateway to Fjordland. This 13th century Hanseatic – and now World Heritage – city was built on the site of an original Viking settlement and is full of historic sites, the best known of which is Bryggen. A collection of 11th century wooden buildings along the harbour front, this is a World Heritage Site in its own right and has its own museum to tell its fascinating story. To enjoy the best views of this picturesque city, take the funicular railway to the top of Mount Fløyen, which overlooks both Bergen and the surrounding region. Also the birthplace of composer Edvard Grieg, Bergen is easily walkable and has a lively fish market and an even better general market along the harbour front as well as many attractive bars and cafes.

For further information about the sights and scenery, why not go along to the CybilCentre and visit one of the following websites:

[www.fodors.com](http://www.fodors.com)  
[www.berlitz.co.uk](http://www.berlitz.co.uk)  
[www.tripadvisor.com](http://www.tripadvisor.com)

[www.lonelyplanet.com](http://www.lonelyplanet.com)  
[www.roughguides.com](http://www.roughguides.com)

**CURRENCY:** Norwegian Kroner

Kroner for your purchases whilst ashore are on sale at the Reception Desk.

We regret we cannot accept or exchange any foreign coins.

Local stamps are available from Reception (Deck 6) Atrium for Sterling cash only.

## WHILE YOU ARE ASHORE

Should you have any queries or concerns while you are ashore, please contact our Port Agents:

Mr Arthur Kordt (0047) 5590 0780

Mr Morten Kinn (0047) 5590 0780

European Cruise Service AS  
Bok 1926k Strandgaten 197,  
Bergen, N-5817, Norway

To contact mv Ventura: Tel: 00870 7648 43559  
00870 7648 43562

## A SELECTION OF TODAY'S HIGHLIGHTS

### relax...

#### TEN YEARS YOUNGER

Join our Beauty Specialist and internationally trained Stylist to make you look and feel ten years younger.

3.00pm Arena Theatre (Deck 6 & 7) Forward



### shop...

#### JEWELLERY SALE

Come and dazzle at our jewellery sale this evening, featuring designer brands and luxury gemstones all pieces will have a discount of up to 50%. Hurry down, as this promotion is for tonight only!

Shopping Centre (Deck 6 & 7) Atrium 6.00pm-11.00pm



### sensational...

#### CHRONICLES

Join our adventure seekers on safari in Africa on a perilous journey in quest of ancient secrets. Directed by Jean Ann Ryan, Chronicles combines acrobatic performances, aerial ballet, martial arts, puppetry, video and special effects, making this show a true multi-media extravaganza. Hosted by Cruise Director Leon de ste. Croix.

7.30pm, 9.00pm & 11.00pm Arena Theatre (Deck 6 & 7) Forward



### entertain...

#### MARK WALKER

An exciting entertainer who's Comedy and Impressions have seen him perform in many TV variety shows and present his own Saturday night Game show. Mark has also starred in the west-end in Sir Andrew Lloyd-Webbers Starlight Express. He is delighted to be performing for you on board Ventura.

8.30pm & 10.30pm Havana (Deck 7) Aft



### enjoy...

#### DENNIS WALKER

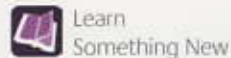
Dennis has established himself as a highly successful and popular act. His sensational voice and charming personality, along with his choice of songs, makes him now a vocalist in huge demand. Do not miss this show!

9.30pm & 11.00pm The Tamarind Club (Deck 7) Midship



FOR FURTHER INFORMATION ON THE SERVICES AND FACILITIES ON BOARD VENTURA, PLEASE REFER TO YOUR INTERACTIVE TV SYSTEM.

# ON YOUR HORIZON...



## EXPLORING ASHORE

Today's meeting point is on the quayside at the bottom of the gangway. As there will be a lot of passengers on tour today, please do not go down any earlier than requested as this will delay the dispatch procedure and your guides/coaches will not be ready. Please ensure that you have your tour tickets ready when going ashore.

9:20AM 005A - PANORAMIC BERGEN & MOUNT FLØIEN	12:20PM 020A - HIKING FLØIEN
011A - LYSØEN ISLAND	12:50PM 005C - PANORAMIC BERGEN & MOUNT FLØIEN
021A - HEIGHTS & HIGHLIGHTS	014A - BERGEN BY LAND & SEA
9:35AM 017A - BERGEN CITY & TROLDHAUGEN CONCERT	018A - VINTAGE RAILWAY
9:50AM 015A - BERGEN ON FOOT	1:50PM 015B - BERGEN ON FOOT
10:20AM 005B - PANORAMIC BERGEN & MOUNT FLØIEN	2:05PM 018B - VINTAGE RAILWAY
021B - HEIGHTS & HIGHLIGHTS	2:20PM 005D - PANORAMIC BERGEN & MOUNT FLØIEN
11:20AM 021C - HEIGHTS & HIGHLIGHTS	

## TODAY'S ACTIVITIES

8 AM	8.00AM METROPOLIS (DECK 18) AFT NATURE WALLPAPER	
	8.00AM-11.00AM CIRQUE VENTURA (DECK 19) AFT CIRQUE VENTURA BUNGEE (4YRS+) Get the best view anywhere on the ship. Bounce on the Bungee Trampoline high above deck nineteen. The views are amazing.	
	8.30AM HEALTH CLUB (DECK 16) FORWARD YOGA (A nominal fee applies)	
10 AM	8.30AM-10.00AM SPORTS COURT (DECK 19) AFT NON HOSTED ADULT SOCIAL TENNIS	
	10.30AM LAGUNA POOL & BREAKERS BAR (DECK 15 & 16) FORWARD THEME QUIZ - SPORT With Entertainment Officer Andy.	
	10.30AM ARENA THEATRE (DECK 6 & 7) FORWARD FILM: THE PRINCESS AND THE FROG Voices: Anika Noni Rose, Bruno Campos, Terrance Howard Rated G; 97 minutes; 2009 Set in New Orleans' French Quarter, this return to hand-drawn animation is a modern twist on a classic tale. A beautiful girl finds a frog prince who desperately wants to be human again and with a fateful kiss, leads them on a hilarious adventure through the mystical bayous of Louisiana.	
11 AM	11.00AM SPORTS COURT (DECK 19) AFT ADULT TENNIS FRIENDLY	
	11.30AM BEACHCOMBER POOL (DECK 15) MIDSHIP ADULT TABLE TENNIS FRIENDLY	
2 PM	2.00PM EAST RESTAURANT (DECK 7) AFT PORT SIDE NON HOSTED BRIDGE GET TOGETHER	

2 PM

2.00PM SPORTS COURT (DECK 19) AFT  
ADULT TENNIS FRIENDLY

2.15PM EAST RESTAURANT (DECK 7) AFT STARBOARD SIDE  
WHIST DRIVE FRIENDLY

2.45PM THE EXCHANGE (DECK 6) FORWARD  
SAY WHAT YOU SEE  
With Entertainment Officer Andy.

3.00PM LAGUNA POOL & BREAKERS BAR (DECK 15 & 16) FORWARD  
PORT DAY TEASER  
Join one of your Entertainment Officers for this fun quiz.

3.00PM BEACHCOMBER POOL (DECK 15) MIDSHIP  
SCUBA & H<sub>2</sub>O SWIM

3.00PM ARENA THEATRE (DECK 6 & 7) FORWARD  
TEN YEARS YOUNGER  
Join our Beauty Specialist and internationally trained Stylist to make you look and feel ten years younger.

3.00PM SPORTS COURT (DECK 19) AFT  
NON HOSTED ADULT BASKETBALL FRIENDLY

4.00PM LAGUNA POOL & BREAKERS BAR (DECK 15 & 16) FORWARD  
MUSIC CHALLENGE  
Join one of your Entertainment Officers out on deck as they test your musical knowledge.

4.00PM HEALTH CLUB (DECK 16) FORWARD  
SWOLLEN ANKLES? ACHING JOINTS?  
Enjoy a herbal foot cleanse to shrink your swollen ankles and soothe your aching feet whilst re-energising your whole body for only £15. (No reservation required)

4.00PM OASIS SPA & HEALTH CLUB (DECK 16) FORWARD  
COLOUR WITH CONFIDENCE  
Meet our internationally trained stylist, to find out how to enhance your features with the correct hair colour.

4.00PM SAFFRON RESTAURANT (DECK 6) MIDSHIP  
SOLO PASSENGERS AFTERNOON TEA  
Solo passengers wishing to meet for afternoon tea can occupy table numbers 33 and 36.

4.00PM SPORTS COURT (DECK 19) AFT  
NON HOSTED FOOTBALL FRIENDLY

4.00PM BEACHCOMBER POOL (DECK 15) MIDSHIP  
ADULT TABLE TENNIS FRIENDLY

4.30PM THE EXCHANGE (DECK 6) FORWARD  
ADULT VIDEO GAMING FRIENDLY

5.00PM HEALTH CLUB (DECK 16) FORWARD  
CIRCUIT TRAINING  
Join your fitness directors for an all over body toning workout. Weights involved.

5.00PM OASIS SPA & HEALTH CLUB (DECK 16) FORWARD  
SPEED SPA  
Three hours of pure luxury and indulgence. 10 minutes of each of our top 10 most popular treatments and an hour of pure spa relaxation with a detoxifying foot soak and time to unwind with a glass of bubbly in our luxury thermal retreat. Only £60

5.00PM OASIS SPA (DECK 16) FORWARD  
LA-SMILE MAKE OVER  
Would you like to have a brilliant Hollywood smile? Have you ever wondered how they do what they do? Join our on board Dentist today as he tells you how.

5.00PM PENINSULAR ROOM (DECK 6) FORWARD STARBOARD SIDE  
ACUPUNCTURE: PAIN FREE LIFE  
The ultimate in pain relief for back and shoulder pain, stiffness and arthritis. Free 15 minute acupuncture health check for all who attend.

4 PM

5 PM

## ON YOUR HORIZON...



5 PM

### 5.00PM-6.30PM THE EXCHANGE (DECK 6) FORWARD

#### WHERE ON VENTURA?

How well do you know P&O Cruises superliner - Ventura? The hunt is on to find the fifty images located around the ship. Join one of the Entertainment Officers for this intriguing discovery.

### 5.15PM LAGUNA POOL & BREAKERS BAR (DECK 15 & 16) FORWARD

#### SWING SAILAWAY WITH DJ GARETH

### 5.30PM THE EXCHANGE (DECK 6) FORWARD

#### INDIVIDUAL QUIZ

Join your Entertainment Officer for today's twenty teasers.

### 5.30PM PENINSULAR ROOM (DECK 6) FORWARD PORT SIDE

#### WHAT'S THE HYPE WITH SKYPE?

This exciting technology allows anyone with a computer and internet connection to make video or regular phone calls to anyone in the world without spending a dime. Come along to this seminar and find out what it's all about and how easy it is to get started. (A £5 fee applies, booking advised)

**i** Evening Entertainment: lighting effects may be used throughout performances in Arena Theatre, The Tamarind Club and Havana.

### 6.00PM THE EXCHANGE (DECK 6) FORWARD

#### SNOWBALL JACKPOT BINGO

Join us today for an exciting game of bingo. You can purchase your bingo tickets from the cashier desk or from The Exchange 45 minutes before the start of the session. Remember to get your lucky dabber.

### 6.00PM ATRIUM (DECK 5) MIDSHIP

#### SWAROVSKI CHAMPAGNE EXHIBITION

Join us tonight to view our full range of our exclusive Swarovski Jewellery. If you buy two items you will receive a complimentary glass of champagne. Duty free shopping just got better.

### 6.00PM METROPOLIS (DECK 18) AFT

#### VEGAS

### 6.00PM-6.30PM METROPOLIS (DECK 18) AFT

#### SOPHISTICATION

Great music with our resident duo.

### 6.00PM-6.45PM THE RED BAR (DECK 7) MIDSHIP

#### JOHN WRIGHT

Join our cocktail pianist John Wright for some pre-dinner music.

### 6.15PM HAVANA (DECK 7) AFT

#### CHILDREN'S MAGIC SHOW

### 7.30PM ARENA THEATRE (DECK 6 & 7) FORWARD

#### CHRONICLES

(Repeated at 9.00pm & 11.00pm)

### 7.15PM-8.00PM HAVANA (DECK 7) AFT

#### THE ELECTRIX

Playing all the classic hits and more.

### 7.45PM-8.30PM THE TAMARIND CLUB (DECK 7) MIDSHIP

#### THE VENTURA QUARTET

Great live music for your listening and dancing pleasure.

### 8.00PM HAVANA (DECK 7) AFT

#### WELCOME TO HAVANA

DJ Gareth plays all the best music in Ventura's nightclub.

### 8.00PM THE EXCHANGE (DECK 6) FORWARD

#### CAN'T COOK WON'T COOK QUIZ

### 8.00PM-8.30PM METROPOLIS (DECK 18) AFT

#### SOPHISTICATION

Relax to great music with Sophistication.

### 8.00PM-8.45PM RAMBLAS (DECK 7) FORWARD

#### AMIGO

Spanish sounds in our Spanish bar.

### 8.00PM-8.45PM THE RED BAR (DECK 7) MIDSHIP

#### GREG JARDINE

Enjoy wonderful music in Ventura's spectacular atrium.

### 8.30PM HAVANA (DECK 7) AFT

#### MARK WALKER

(Repeated at 10.30pm)

8 PM

8 PM

### 8.30PM-10.30PM THE EXCHANGE (DECK 6) FORWARD

#### FOUR LIVE

Come and join Four Live for an evening of music.

### 9.00PM ARENA THEATRE (DECK 6 & 7) FORWARD

#### CHRONICLES

(Repeated at 11.00pm)

### 9.00PM FORTUNES CASINO (DECK 6) FORWARD

#### POKER PARTY

Join us for a fun evening of Three Card Poker or Ocean Poker. Free drinks for selected winning hands plus the highest hand of the evening up until midnight will win an exclusive casino t-shirt.

### 9.15PM-10.00PM HAVANA (DECK 7) AFT

#### THE ELECTRIX

The top sounds of The Electrix.

### 9.30PM THE TAMARIND CLUB (DECK 7) MIDSHIP

#### DENNIS WALKER

(Repeated at 11.00pm)

### 9.30PM-10.15PM THE RED BAR (DECK 7) MIDSHIP

#### JOHN WRIGHT

John plays all of your favourite tunes on the piano at the heart of Ventura.

### 9.45PM-10.30PM RAMBLAS (DECK 7) FORWARD

#### AMIGO

More live music in our Spanish theme bar with the sounds of Amigo on the guitar.

### 9.45PM-12.30AM METROPOLIS (DECK 18) AFT

#### SOPHISTICATION

Songs you love to hear with Sophistication.

### 10.00PM-10.30PM HAVANA (DECK 7) AFT

#### HAVANA HITS!

Join DJ Gareth for some party classics.

### 10.15PM-11.00PM THE RED BAR (DECK 7) MIDSHIP

#### GREG JARDINE

Music fills the atrium this evening.

### 10.30PM HAVANA (DECK 7) AFT

#### MARK WALKER

### 10.30PM THE EXCHANGE (DECK 6) FORWARD

#### BATTLE OF THE SEXES GAMESHOW

Join Entertainment officers Cora and James for tonight's interactive quiz show to see once and for all, who is the superior sex? Is it the ladies? Or the gentlemen?

### 11.00PM THE TAMARIND CLUB (DECK 7) MIDSHIP

#### DENNIS WALKER

### 11.00PM ARENA THEATRE (DECK 6 & 7) FORWARD

#### CHRONICLES

### 11.00PM PENINSULAR ROOM (DECK 6) FORWARD STARBOARD SIDE

#### SYNDICATE QUIZ

Join members of the Entertainment Team for tonight's general knowledge team quiz.

### 11.00PM-11.45PM THE RED BAR (DECK 7) MIDSHIP

#### JOHN WRIGHT

Night time piano music from our cocktail pianist.

### 11.15PM-LATE HAVANA (DECK 7) AFT

#### LATE NIGHT DISCO

### 11.30PM-12.30AM THE EXCHANGE (DECK 6) FORWARD

#### FOUR LIVE

Four Live play more marvellous melodies just for you.

### 11.45PM-12.30AM RAMBLAS (DECK 7) FORWARD

#### AMIGO

Enjoy the ambience of Ramblas while listening to Amigo.

### 11.45PM-12.30AM THE RED BAR (DECK 7) MIDSHIP

#### GREG JARDINE

Piano music fills Ventura's magnificent atrium.

11 PM

## SHIPBOARD INFORMATION

### BERGEN SHUTTLE BUS

During our call to Bergen today there will be a complimentary shuttle bus service in operation, commencing shortly after our arrival. The shuttle transfer time is approximately 10 minutes each way and the drop off point is at the Hotel Norge. The last shuttle bus will leave the Hotel Norge at 5.00pm to return to the ship.

### HAND WASHING

In a confined environment such as a ship, viruses can be easily transferred. Hand washing is a simple and effective method of reducing the risk of contamination. In addition we ask you to make use of the alcohol hand gel offered to you prior to entering our food service areas.

### DUTY FREE SHOPPING IN NORWAY

If shopping in any of our Norwegian ports of call this cruise, be sure to obtain a Global Refund Cheque together with your receipt when shopping in stores marked with the Global Refund sign. Tax refunds will be available in our last Norwegian port of call (Stavanger) and details of how to obtain them will be given in 'horizon' accordingly.

### TODAY'S PROMOTIONAL DRINKS

COCKTAIL	SEA BREEZE COOLER	£2.75
MOCKTAIL	COOL COLADA	£1.80
COFFEE	WHITE CHOCOLATE & ROSE LAITE (NON ALCOHOLIC)	£2.55
	IRISH (ALCOHOLIC)	£2.90

Please ask your bartender for ingredients and details.



## battle of the sexes gameshow

Join Entertainment officers Cora and James for tonight's interactive quiz show where men versus women to see once and for all, who is the superior sex?

10.30pm The Exchange (Deck 6) Forward

### SUDOKU 03 - MEDIUM

	2			4			3
5	9		6				4
			2			7	
4			9			6	2
							8
1	6	2			7		9
		8			2		
	4				8		6
							7
7			4				9

Answers are available at the Library (Deck 5) Midship. Crosswords are also available at the Library.

### TODAY'S DINNER BUFFET

#### ASIAN & ORIENTAL

A chance to sample a selection of delicious Asian & Oriental cuisine.

6.00PM-9.30PM THE WATERSIDE (DECK 15) AFT



## speed spa

Three hours of pure luxury and indulgence. 10 minutes of each of our top 10 most popular treatments and an hour of pure spa relaxation with a detoxifying foot soak and time to unwind with a glass of bubbly in our luxury thermal retreat. Only £60

5.00pm Oasis Spa & Health Club (Deck 16) Forward

## can't cook won't cook quiz

With Entertainment Officer Jenny.

8.00pm The Exchange (Deck 6) Forward



## poker party

Join us for a fun evening of Three Card Poker or Ocean Poker. Free drinks for selected winning hands plus the highest hand of the evening up until midnight will win an exclusive casino t-shirt.

9.00pm Fortunes Casino (Deck 6) Forward



## syndicate quiz

Join members of the Entertainment Team for tonight's general knowledge team quiz.

11.00pm Peninsular Room (Deck 6) Forward Starboard Side



## TODAY'S OPENING TIMES...



### RESTAURANT OPENING TIMES

#### WATERSIDE



Full English Breakfast	8.00am	-	Noon
Lunch	Noon	-	3.00pm
Afternoon Snacks	3.00pm	-	5.00pm
Noddy's Teas	5.00pm	-	6.30pm
Buffet Dinner	6.00pm	-	9.30pm
Late Snacks	9.30pm	-	6.00am

#### BEACH HOUSE

#### THE BEACH HOUSE

Continental Breakfast	6.30am	-	7.00am
Full English Breakfast	7.00am	-	10.00am
Beach House Diner (Starboard Side)	6.30pm	-	9.30pm

#### SAFFRON RESTAURANT



Breakfast	7.30am	-	9.00am
Lunch	12.15pm	-	1.45pm
Afternoon Tea	4.00pm	-	4.45pm
Dinner 1st Sitting	6.30pm		
Dinner 2nd Sitting	8.30pm		

#### BAY TREE RESTAURANT



Breakfast	7.30am	-	9.00am
Dinner 1st Sitting	6.30pm		
Dinner 2nd Sitting	8.30pm		

#### CINNAMON RESTAURANT

(FOR PASSENGERS ALLOCATED FREEDOM DINING)



Dinner	6.00pm	-	9.30pm
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#### FRANKIE'S



Frankie's Grill	11.00am	-	6.00pm
Frankie's Pizzeria	11.00am	-	6.00pm

#### SELECT DINING (A PER PERSON COVER CHARGE APPLIES)

white room	£25	6.00pm	-	10.00pm
east	£20	6.30pm	-	9.30pm
Ramblas	£5	11.00am	-	11.00pm

### BAR OPENING TIMES

Tazzine	7.30am	-	Midnight
The Red Bar	5.00pm	-	Late
The Exchange	Noon	-	Late
Ramblas	10.00am	-	Late
Laguna Bar	9.00am	-	7.00pm
Breakers Bar	10.00am	-	7.00pm
Beachcombers	8.00am	-	11.00pm
Terrace Bar	10.00am	-	11.00pm
Tamarind	7.00pm	-	Late
Metropolis - VEGAS	5.00pm	-	Late

Visit the bar at the top from 6.00pm this evening as its plasma screen wall displays stunning scenes of Las Vegas.

## TODAY'S OPENING TIMES...



## DEPARTMENT OPENING TIMES & OFFERS

### CELEBRATIONS (DECK 7) IN RAMBLAS STARBOARD SIDE

**6.30PM-7.00PM**

View and discuss our excellent collection of gadgets: the latest in laptops, sat-navs, camcorders, software and more.

**8.30PM-9.00PM**

Our professional computer and technology tutor will be available to answer your questions on all the different workshops, seminars and product demonstrations scheduled throughout the cruise.

### CHAPTER ONE (DECK 5) ATRIUM 3.00PM

### CRUISE SALES & PORTUNUS DESKS (DECK 5) ATRIUM

**4.00PM-7.00PM**

Offering choice, luxurious experiences and a sense of magic, why not cruise aboard our brand new ship in her maiden season....AZURA

### CYB@CENTRE (DECK 5) ATRIUM 24 Hours

Go online during Happy Hour 7.00pm-9.00pm and receive half of the minutes for free!

### EXPLORERS (DECK 5) ATRIUM 8.00AM-10.00AM & 4.30PM-6.30PM

Check with the shore excursions team for late availability for tours in Bergen today. The booking deadline for all tours in Flamm is 6pm this evening. Bookings can still be made after this time but will depend on available capacity.

### FLORIST CART (DECK 5) ATRIUM 8.00AM & 3.00PM

### FORTUNES CASINO (DECK 6) FORWARD 6.30PM-LATE

### PHOTO GALLERY (DECK 7) AFT 4.00PM-11.00PM

Don't miss out on today's special deal. One silver frame, one gold frame and two of your formal portraits all for an incredible £39.90. This offer is only for today so be in quick, stock is low.

### WHITEWALL GALLERIES (DECK 5) ATRIUM 5.00PM-LATE

Whitewall Galleries brings the finest artwork from around the world to you. Why wait, we offer an interest free credit option, so you can start your very own fine art collection today.

## Shopping Centre (Deck 6 & 7) Atrium

### CHIC BOUTIQUE 6.00PM-11.00PM

Incredible Venetian glass jewellery from Antica Murina, hundreds of pieces to choose from for that perfect cruise memory.



### EMPORIUM 8.00AM-11.00PM

Fancy a nibble? You can also treat yourself to your favourite confectionery lines, lots of snacks and treats available all day long.



### ESSENCE PERFUME 6.00PM-11.00PM

Botox in a bottle? Visit Essence this evening to find out all about 'Prevage', a fantastic new range from Elizabeth Arden.



### ETERNITY JEWELLERY 6.00PM-11.00PM

Clogau - Welsh Gold with a Royal Family connection since 1923. Come and view our stunning collection



### REGALIA SHOPPING 6.00PM-11.00PM

Buy two souvenir t-shirts for £24.99, two souvenir polos for £39.99 or two souvenir sweats or hoodies for £49.99. (While stocks last)



### WARDROBE CLOTHING 6.00PM-11.00PM

Prices slashed on an incredible selection of clothing so be early for the best selection.



## SHIPBOARD SERVICES

Reception (Deck 6) Atrium is open 24 hours a day and can be contacted by dialling 6000 on any of the ship's telephones.

The Medical Centre will be open from 8.00am-10.00am and 4.30pm-6.30pm today. In an emergency dial '999'.