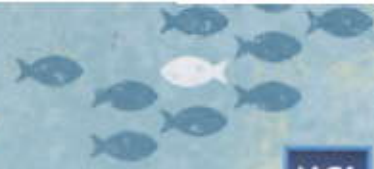


Freestyle Daily



NCL
NORWEGIAN CRUISE LINE
FREESTYLE CRUISING

Norwegian Dawn

Friday, April 23rd, 2010
Heritage Wharf, Bermuda

Today's forecast
Partly Cloudy, 70F/21C

Sunrise 6:44am
Sunset 7:51pm

All Aboard
4:30pm

Tip of the day

Please turn your clock one hour back tonight before you go to bed after enjoying your day in Bermuda. (Friday)

Tonight's entertainment

Stardust Showtime: Bollywood

NCL proudly presents "Bollywood", featuring The Jean Ann Ryan Company. Don't miss this fantastic show full of special effects and incredible feats of human strength. Undoubtedly the best show on the seven seas. Immediately following the show, watch a special tribute by the Officers, Staff, and Crew of the Norwegian Dawn. No minors in the first row please.

Time: 7:30pm & 9:30pm, Stardust Theatre, Deck 6 & 7, Fwd

NCL's White Hot Dance Party

Melt the ice as we heat up the dance floor in a white wonderland. It's the biggest party of the night featuring Next Stage then our Celebrity DJ Select! Enjoy the sultry moves of our Jean Ann Ryan Angel dancers and be on the look out for snow on the dance floor as you boogie the night away.

Tonight - wear white.

Time: 10:30pm, Spinnaker Lounge, Deck 12, Fwd

What's on tap today

Enjoy your day in Bermuda: Please have your Norwegian Dawn guest key card & Photo Identification in hand when disembarking and embarking the ship. Our Port Agent is The Meyer Shipping Group, shipping@meyer.bm, Cell (441) 337-8183, (441) 236-6251

Advisory Warning: Agriculture regulations prohibit taking ashore any fruits, nuts, plants, flowers, vegetables or food items. Local produce, prepared food and plants are not allowed to be brought back on board either, so eat and enjoy when ashore but leave them there too!

Bermuda Scooter Advisory: We want you to have the safest and most enjoyable time in Bermuda, and that's why we want you to think twice before you decide to rent a moped. Driving a moped in Bermuda can be dangerous (note that they drive on the left hand side of the road).

\$10,000 Jackpot Bingo: Your chance to win big at Bingo. \$10,000 is on the line for the one & only time only this cruise! Be in it to win it!

Time: 5:30pm, Spinnaker Lounge, Deck 12, Fwd

50's & 60's Dance and Sing-Along Party:

Rock around the clock with Jose & Patti as they perform the music of Buddy Holly, Roy Orbison, Connie Francis, Elvis and much more.

Time: 8:30pm, Dazzles Lounge, Deck 7, Fwd

Piano Melodies with Bernie Martini: Enjoy a great evening of entertainment with your favorite piano tunes while you sit back and unwind.

Time: 8:15pm-Whenever,
Gatsby's Lounge, Deck 6, Mid

"Sing It...if you know it" Game Show: Join Next Stage and your Cruise Director's Staff to see how well you recognize your favorite songs. But to get the point you have to sing it... if you know it!

Time: 9:30pm, Spinnaker Lounge, Deck 12, Fwd

Don't miss this! **The Second City Scriptless (Family Friendly Show)**

Join the Second City for an evening of completely improvised, family friendly comedy. The cast of the Second City takes your suggestions and turns them into unexpected comedy scenes that will surprise even the performers themselves.

Time: 8:45pm, Spinnaker Lounge, Deck 12, Fwd

Music Everywhere

Dazzles Lounge, Deck 7, Fwd
50's & 60's Dance and Sing a Long

Party with Jose & Patti
8:30pm - 11:00pm

Adult Karaoke
11:00pm-12:30am

Late Night Party with DJ Franco
12:30am- Whenever

Gatsby's Lounge, Deck 6, Mid
Music with Michael Blackwell
6:00pm-8:00pm

Piano Melodies with Bernie Martini
8:15pm-Whenever
8:30pm
Tribute to the Crooners

Grand Atrium, Deck 7, Mid
Music with the Dawn Showband
6:30pm-8:00pm
Piano Tunes with Vladimir Krivian
9:30pm-10:15pm

Venetian Restaurant, Deck 6, Aft
Music with Vladimir Krivian
6:00pm-8:00pm

Poolside, Deck 12, Mid
Poolside Party with Caribbean Wave
3:00pm-6:00pm

Sunset Chill with Celebrity DJ Select
6:00pm-7:00pm

Spinnaker Lounge, Deck 12, Fwd
White Hot Dance Party featuring
Next Stage
10:30pm-11:00pm
Celebrity DJ Select
11:00pm - Whenever

Star Bar, Deck 13, Mid
Music with Vladimir Krivian
8:30pm-9:15pm
Piano Tunes with Michael Blackwell
9:30pm-10:30pm

Bar Manager's Specials

Drink of the Day

"Pain Killer"

\$7.95

Come to the Martini Club: 8:30pm-10:30pm and enjoy 2-for-1 on any Martini, Star Bar, Deck 13, Mid.

Sailaway Special

Mai Tai, \$8.50

6:00pm, Oasis Poolside, Deck 12, Mid

Smoothie of the Day

"Bushwacker"

\$8.95

Dear Shona,

What does Duty Free mean?

Duty Free means that you can shop in our Galleria Gift Shops onboard, including Colombian Emeralds International, and not pay either state or import taxes on your purchases. This can mean substantial savings for you!

Established 40-years ago, Colombian Emeralds is considered a leader in fine jewelry and is one of the world's largest duty free retailers. NCL endorses their value, quality, and integrity. My first choice for shopping! With savings up to 50%, Colombian Emeralds offer timepieces from Omega, Tag Heuer, Rado, and Citizen.

Great savings on duty free items, including fragrances, cosmetics, crystal, liquor, and tobacco. We have exclusive NCL apparel and souvenirs for friends and family.

Visit our Duty Free shops located on Deck 7, Mid.

Choose Your Specialty

NCL offers more onboard dining choices than any other cruise line. Take advantage and try one of our delicious specialty restaurants tonight: Cagney's, Le Bistro, Impressions, Salsa or Bamboo. Try one of our delicious specialty restaurants! Make your reservation today by calling 9931.

Open: 5:30pm-10:30pm

Botox and Dysport Cosmetic

Leave your worries behind-including your worry lines! Try our safe and effective BOTOX Cosmetic treatments and go home looking and feeling better than ever. Call Dr. Janet, the Medi-Spa physician today for your free consultation.

\$75 rebate on Dysport only this cruise

Time: 8:00am-10:00pm

El Dorado Spa, Deck 11, ext #11777

Galleria Gift Shop

As we sail out of Bermuda, join us for a Bermuda rum fiesta. We just received a shipment of Bermuda rum. Visit us to get yours while supplies last. Today we are hosting a latitudes exclusive event in the shops between 7:30pm-8:30pm. Bring your invite to be part of a free raffle, and be present to get a chance to win a prize.

Store hours: 5:30pm-11:00pm, Deck 7, Aft

Golf Time

Private V-1 Video lessons available tomorrow with your Golf Professional Rob!

Come try out any 2010 Nike golf equipment, your golf pro is available for custom fittings! Tax and duty free savings!

In the Golf Cage - Deck 13 aft - port side on your last sea day! Call Rob to book an appointment - 9850.

Tours still Available

Make the most of your final day in Bermuda. View the magnificent homes of the rich & famous on the Famous Homes & Hideaway Cruise, sit back and enjoy the Marquis Horse & Carriage Ride or relax at Horseshoe Bay. Don't worry, all tours will return back to the ship in time for sailing.

Desk Hours: 8:00am-10:00am

Shore Excursions, Deck 7, Grand Atrium, Mid

Dawn Club Casino

Qualifying Slot Tournament: 7:00pm.

Qualifying Blackjack Tournament: 7:00pm

Paradise Lotto: 11:30pm. Only \$2 to win over \$304,000 Jackpot!

Hot Seat Promotion: 12:00am (midnight), while playing tables or slots.

Casino Hours: Approx. 7:15pm-Whenever Dawn Club Casino, Deck 6, Fwd

It's Deposit Time

Today is the day to place a \$250 deposit for a future cruise; it takes a couple of minutes to do this and you receive \$100 absolutely free. This offer is available only onboard and too good to miss! Your deposit is good for any NCL cruise 6 days or more within the next 4 years.

Time: 6:00pm-8:00pm

Cruise Consultant Office, Atrium, Deck 7, Mid

Photo Gallery

The perfect night for a portrait. Bring your family and friends or just that special someone together and visit the Grand Atrium where your professional ship photographers are waiting for you with the portrait settings.

Portraits: 5:30pm-9:30pm, Grand Atrium, Deck 7

Gallery Hours: 5:00pm-11:00am, Deck 7, Fwd

Masters of Art

Stop by the Art Gallery tonight and view the greatest artwork the Dawn has to offer. From Picasso, Rembrandt, Renoir to Dali and Miro just to name a few. Don't miss this one off event - how often do you see these names all together in the same room?

Hours: 7:00pm-9:00pm, Art Gallery, Deck 12, Fwd

Internet Cafe

You can check your bank account while at sea. It is secure and very simple to use. Come by the Internet Café and log in anytime.

Manager's Hours: 8:00am to 10:00 am, 5:00pm to 9:00pm

Internet Café, Deck 9, Mid-ship
(Open 24 hrs.)



Today Onboard



NCL's White Hot Party

Ice, Ice, Baby! - It's Glacial...

Tonight at 10:30pm in Spinnaker Lounge, Deck 12, Fwd!

Experience the most memorable event at sea, where the dress is strictly white or not.

Join us in a visual wonderland of ice, white scenery & sultry moves, where incredible upbeat vocal vibes and snowflakes fill the air – literally. Send me an Angel...NCL's Angel of Freestyle along with the dynamic, sizzling White Hot Angel Dancers descend from the heavens and cause a virtual melt-down on the dance floor. And remember: what happens in heaven stays in heaven!

Don't have anything White to wear?

Get your White Hot T-shirts at the Gift Shop today or at the party.

Special White Hot Cocktails!

Warm up with an Iceberg or "Angeltini Martini

Take home a White Hot Memory with the cool

White Hot Souvenir Flicker Flask glass.

"5 Steps to Heaven"

Step 1: Invigorating Full Body Exfoliation

Step 2: Muscle Melting 20min Back, Neck and Shoulder Massage

Step 3: Heat Treatment for Back Aches

Step 4: Luxurious 25min Anti- Aging Collagen Facial

Step 5: Deeply Relaxing Scalp Massage

75 minutes- Today only \$129

El Dorado Spa, Deck 11, Aft

It's Tournament time!

Slots & Blackjack – sign up from 7:00pm

More chances to be on the Finals tomorrow and compete for some great prizes!

Don't forget to sign up for the last No Limit Texas Hold'Em tournament happening Saturday morning.

Dawn Club Casino, Deck 6, Fwd

See your Casino Host for more details.

What a deal!

Extra \$5 chip for tables & extra \$10 to play Slots, plus your chance to win a cruise for two.

(for Casino Club Members)

Ask your Casino Staff for details!

Cruise Rewards: It's Deposit Night!

Don't forget to place your \$250 deposit for any NCL cruise 6 days or more and receive \$100 absolutely Free!

For more details please speak with your Cruise Consultant Sherry.

6:00pm-8:00pm,

Cruise Consultant Office

Grand Atrium, Deck 7, Mid

Gift Shop Rum Fiesta

Joins us in the shops for a Bermuda Rum Fiesta as we sail away.

Also featuring a \$10 section of:

Bags, pashminas, belts, sunglasses, ties, accessories & more.

Latitudes exclusive event

in the shops between 7:30pm – 8:30pm.

Store hours: 5:30pm – 11:00pm, Deck 7 Aft

Shore Excursions Still Available!

Make the most of your last day in Bermuda. We still have many tours available for you to enjoy. Spend your day relaxing at the beach, explore the marine life on a snorkel trip or on a glass-bottom boat. All tours will return in time for sailing!

Desk Hours: 8:00am-10:00am
Grand Atrium, Deck 7, Mid

Tamara's Shopping Tips!

Unveiling Goslings Bermuda Rum in the shops – Free Tasting!

Order now, limited quantities, first come first serve!

The Best Tax & duty Free Shopping is Onboard!

Ammolite – your Rainbow Gem

Larimar – the True Blue Caribbean Gem

Kabana – Pink & White Mother of Pearl Inlay & stunning colors in the Riviera collection.

Save 20% below US retail & no Sales Tax!

Internet Reduced Time Plans

Take advantage of our reduced time plans.

100 Minutes for \$40 or 50 Minutes for \$27.50!

Internet Café, Deck 9, Mid-ship

(Open 24 hrs.)

Free Raffle Tickets

Stop by the Art Gallery tonight and pick up your extra 5 Raffle tickets for tomorrow's Grand Finale Art Auction.

Also tonight only we have the greatest of the Old Masters on display – featuring Picasso, Dali, Rembrandt, Miro, Renoir and Chagall to name a few.

7:00pm -9:00pm

Art Gallery, Deck 12, Fwd



Freestyle Daily Activities



Stuff for the "morning people"...

7:30am	Early Morning Stretch
8:00am	Circuit Express
9:00am-10:00am	Library Open
9:00am-5:00pm	Under 2 Zoo - for Moms & Dads with children under 2 years
9:00am-7:00pm	Port Play (fee applies)
9:30am	Movie: Speed Racer
10:00am-11:00am	Adult Wii Sports with your Cruise Director's Staff
11:00am	Morning Trivia with your Cruise Director's Staff

Fitness Center, Deck 12, Aft
Fitness Center, Deck 12, Aft
Library, Deck 12, Fwd
Kuala Lumpur Room, Deck 12, Fwd
T-Rex Kids Centre, Deck 13, Aft
Cinema, Deck 12, Fwd
Pearly King's Pub, Deck 7, Mid
Pearly King's Pub, Deck 7, Aft

Add pizzazz to your afternoon...

12:00pm	Basketball Open Play with your fellow guests
12:00pm	Movie: Paul Blart Mall Cop
1:00pm	Golf Putting Tournament with your Cruise Staff
2:00pm	Shuffleboard Tournament with your Cruise Director's Staff
2:00pm	Informal Bridge Play with your fellow guests
2:00pm	Movie: Madagascar 2: Escape to Africa
2:00pm	Giant Chess Play with your fellow guests
2:45pm	Pool Games with your Cruise Director's Staff
2:45pm-3:45pm	Adult "Wii" Sports with your Cruise Director's Staff
3:00pm	Informal Monopoly Play with your Fellow Guests
3:00pm-6:00pm	Poolside Party with Caribbean Wave
3:30pm	Movie: Hellboy 2: Curse of the Golden Army
4:00pm-5:00pm	Library Open
5:00pm	Friends of Bill W. Meet
5:00pm-10:00pm	Complimentary Skin Analysis with our Specialist
5:15pm	Ping Pong Tournament with your Cruise Staff
5:30pm	Walk a Mile
5:30pm	\$10,000 Jackpot Bingo
5:30pm-9:30pm	Professional Studio Portraits
5:30pm-10:00pm	Complimentary Go Smile Consultation with Laura
5:30pm - 11:00pm	\$10 Sale!
5:30pm - 11:00pm	Bermuda Rum Fiesta

Sport Deck, Deck 14, Mid
Cinema, Deck 12, Fwd
Gatsby's Lounge, Deck 6, Mid
Starboard Side, Deck 7, Mid
Shuffles Card Room, Deck 12, Fwd
Cinema, Deck 12, Fwd
Portside, Deck 13, Mid
Oasis Poolside, Deck 12, Mid
Pearly King's Pub, Deck 7, Aft
Shuffles Card Room, Deck 12, Fwd
Oasis Poolside, Deck 12, Mid
Cinema, Deck 12, Fwd
Library, Deck 12, Fwd
Boardroom, Deck 12, Fwd
El Dorado Spa, Deck 11, Aft
Ping Pong Tables, Deck 13, Mid, Port
Fitness Center, Deck 12, Aft
Spinnaker Lounge, Deck 12, Fwd
Grand Atrium, Deck 7, Mid
El Dorado Spa, Deck 11, Aft
Galleria Gift Shop, Deck 7 Aft
Galleria Gift shop, Deck 7 Aft

Everything's hotter when the sun goes down...

5:30pm	Sabbath Service with your Fellow Guests
5:30pm	Movie: Fast and Furious
6:00pm-7:00pm	Sunset Chill by the Pool with DJ Select
6:00pm-7:00pm	Family Pictionary
6:30pm	Evening Trivia with your Cruise Director's Staff
6:30pm-8:00pm	Dance with Norwegian Dawn Showband
7:00pm	Slot/Blackjack Tournament Sign-Ups
7:30pm - 8:30pm	Repeat Guest Exclusive Event
7:30pm & 9:30pm	Stardust Showtime: Bollywood
8:00pm	Friends of Dorothy, an Informal Gathering for our GLBT Guests
8:30pm - 11:00pm	50' and 60's Dance and Sing a Long Party with Jose & Patti
8:45pm	The Second City Scriptless (Family Friendly Show)
9:30pm	"Sing it... if you know it" Game Show
10:30pm-Whenever	NCL's White Hot Dance Party DJ Select
11:00pm-12:30am	Adult Karaoke
11:30pm	Paradise Lotto Drawing: Win over \$304,000 - \$2 a game
12:00am	Hot Seat Promotion (\$50 Free Table or Slot play)
12:30am - Whenever	Late Night Party with DJ Franco

Chapel, Deck 12, Fwd
Cinema, Deck 12, Fwd
Oasis Poolside, Deck 12, Mid
Dazzles, Deck 7, Fwd
Pearly King's Pub, Deck 7, Mid
Grand Atrium, Deck 7, Mid
Dawn Club Casino, Deck 6, Fwd
Galleria Gift Shop, Deck 7 Aft
Stardust Theater, Deck 6 & 7, Fwd
Star Bar, Deck 13, Mid
Dazzles Lounge, Deck 7, Fwd
Spinnaker Lounge, Deck 12, Fwd
Spinnaker Lounge, Deck 12, Fwd
Spinnaker Lounge, Deck 12, Fwd
Dazzles Lounge, Deck 7, Fwd
Dawn Club Casino, Deck 6, Fwd
Dawn Club Casino, Deck 6, Fwd
Dazzles Lounge, Deck 7, Fwd

Ok, we know this looks like a schedule (gasp!), but remember, you're free to do whatever!

Bar Services

Garden Café Juice Bar Deck, 12, Aft	7:30am-Whenever
Java Café Deck 7, Mid	7:00am-Whenever
Topsiders Bar Deck 12, Mid	7:30am-Whenever
Bimini Bar** Deck 14, Fwd	2:00pm-Whenever
Pearly King's Pub Deck 7, Aft	4:00pm-Whenever
Spinnaker Bar Deck 12, Fwd	4:00pm-Whenever
Gatsby's Bar Deck 6, Mid	4:00pm-Whenever
Star Bar Deck 13, Mid	5:00pm-Whenever
Dazzles Lounge Deck 7, Fwd	5:00pm-Whenever
Salsa Bar Deck 8, Mid	5:30pm-Whenever
Sake Bar Deck 7, Mid	5:30pm-Whenever
Casino Bar Deck 6, Fwd	5:00pm-Whenever

Guest Services

Art Gallery Deck 12, Fwd	7:00pm-9:00pm
Cinema (Schedule posted at both cinema entrances) Deck 12, Fwd	
Cruise Consultant Deck 7, Mid	6:00pm-8:00pm
Dawn Club Casino Deck 6, Fwd	7:15pm approx.
El Dorado Spa & Salon** Deck 11, Aft - #11777	8:00am-10:00pm
Fitness Center Deck 12, Aft	6:00am-11:00pm
Galleria Gift Shop Deck 7, Aft	5:30pm - 11:00pm
Golf Cage Deck 13, Aft	9:00am-6:00pm
Guest Services Desk Deck 7, Mid (#00)	Always Open
Internet Café Deck 9, Mid	Always Open
Kids Pool Deck 12, Aft	8:00am-6:00pm
Library Deck 12, Fwd	9:00am-10:00am
Medical Center Deck 4, Mid	4:00pm-5:00pm
Oasis Pool/Jacuzzi* Deck 12, Mid	8:30am-10:00am
Onboard Credit Desk Deck 7, Mid	4:00pm-5:30pm
Photo Gallery Deck 7, Fwd	6:00am-11:00pm
Shopping Consultant Desk Deck 7, Mid	Closed
Shore Excursions Desk Deck 7, Mid	8:00am-10:00am
T-Rex Kids Centre Deck 13, Aft #13777, Teen Center 13712	7:00pm-10:30pm
T-Rex Late Night Fun Zone (fee applies) Deck 13, Aft #13777	10:30pm-1:30am
Video Arcade Zone Deck 13, Aft	Always Open

*Pools and Jacuzzi - Weather Permitting. Forward Jacuzzis and Pool, Deck 12, are adults only. Please, no reserving of deck chairs. Items left on deck chairs for more than 30mins will be removed and placed at Reception, Deck 7, Mid.
**Weather Permitting

All about alcohol: If you bought liquor (in bottles) on shore, we'll hold them for you until the last night of your cruise. Pick-up is anytime from 9:00pm to 11:00pm in the Hong Kong Room, Deck 12, forward.

Who can drink: 21? You can drink! If you're 18-20, and parents give written permission to the Guest Services Desk, you can purchase beer & wine.

Our Smoking Policy: Public areas are smoke free. You can smoke cigarettes in your stateroom, on your balcony, in the Casino or the Cigar Bar or outside on open decks. Pipes or cigars, you can smoke in the Cigar Bar, Deck 6, Mid. Please do not throw cigarettes overboard and remember, never smoke in bed.

Advisory Warning: The Red Palm Mite is an invasive pest of coconut palms & banana plants. Please refrain from bringing green palm handicrafts (woven palm hats, tote bags, etc) onto the ship as they are not allowed into the US.

Jacuzzis & Pools: Glass & bottles can't be brought into any of the pools or hot tubs, neither can children in diapers or pull-ups, including swimmers. Please take a shower before entering the pool or any of the Jacuzzis.

Sharp Containers: Ask the Guest Services Desk or Medical Center for special containers for needles and other sharp objects.



Freestyle Dining

Getting Started...

Early Bird Blue Lagoon, Deck 7, Aft	5:30am-7:00am
Garden Café Deck 12, Aft	6:30am-11:30am
Venetian Deck 7, Aft	7:30am-9:30am

Satisfy Your Afternoon Appetite...

New York Deli Deck 12, Aft	11:30am-5:00pm
Venetian Deck 7, Aft	12:00pm-1:30pm
Garden Café Lunch Deck 12, Aft	12:00pm-3:00pm
Sprinkles Ice Cream Deck 12, Mid	12:00pm-5:00pm

What Are You In The Mood For?

Garden Café Deck 12, Aft	5:30pm-9:00pm
Venetian Deck 7, Aft	5:00pm-9:30pm
Aqua Deck 6, Mid	5:30pm-10:00pm
Cagney's Steakhouse* (\$25) Deck 13, Mid Best restaurant for steak or surf & turf	5:30pm-10:30pm
Le Bistro* (\$20) Deck 6, Mid French Cuisine & only restaurant with Chocolate Fondue	5:30pm-10:30pm
Bamboo & Sushi Bar* (\$15) Deck 7, Mid All you can eat Sushi	5:30pm-10:30pm
Teppanyaki* (\$25) Deck 7, Mid Great entertainment as Chef cooks before you	5:30pm, 7:15pm, 9:00pm
Impressions* (\$10) Deck 6, Mid Italian Cuisine specialties	5:30pm-10:30pm
Salsa* (\$10) Deck 8, Mid Tex Mex dining delights	5:30pm-10:30pm

For Whenever You Are Hungry:

Blue Lagoon Café Deck 7, Aft	Always Open
Room Service (#6515)	Always Open

*These restaurants charge a cover, but the costs are really minimal (and for what you get, you'll find it's well worth it)

**Weather Permitting

Restaurant reservations - Reservations are never required for any of our restaurant, but they can be made up to 24 hours before dinnertime. To make your reservations just call extension number 9931 or visit us on the Grand Atrium, Deck 7, Mid between 7:30am-4:30pm and in Gatsby lounge, Deck 6, Mid between 5:00pm-9:30pm.

Cancellations: To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes (except Teppanyaki). If you need to cancel, please do so by 4:30pm on the day of your reservation to avoid having the cover charge for up to two guests applied to your account.

What to wear: You'll always find a place for your style, no matter what you want to wear. Resort casual, including jeans, is welcome in any of our restaurants. No shorts permitted in any restaurant after 5:00pm.

Customer Advisory: There is a risk involved when consuming animal products such as beef, eggs, fish, lamb, poultry or shell fish that is raw or undercooked or when consuming un-pasteurized juices. If you have any chronic illness, immune disorder and are unsure of the risk, please consult a physician.

Please bear with us: reception does not have an automatic call answering / call waiting system, so do not fear, if your call is not answered within a few rings please try again.

Customer Relations: Got a service problem? We'll do our best to solve it! Call #00.

Walking & Jogging: Deck 13 is a jogging track open 24/7. Deck 7 is a walking-only track; it's open 9:00am-9:00pm. Remember, all sports play is at your own risk.

Open Flames: Such as burning candles and incense, aren't allowed.

Safety Equipment: Please don't remove or meddle with any safety equipment onboard (such as smoke detectors or fire extinguishers). And, please follow safety instructions from the crew members.

Casino: You have to be 18 (with ID) to gamble or be in the casino. Sorry, but no winnings can be paid to any person or bets in violation. Also, drinks or glassware can't be taken out; pipes or cigars can't be taken in. Slot winnings of \$1,200 & above could be subject to W2-G tax withholding.

Toilet Vacuum System: Please do not throw foreign objects into the toilet. Disposal of items other than toilet paper may damage the system.

Environmental Hotline: You can report environmental incidents by calling 1-877-501-5976, the ship reception desk at #00, or via e-mail to EnvironmentalHotline@NCL.com. All reports are confidential.