

Freestyle Daily



NORWEGIAN CRUISE LINE
FREESTYLE CRUISING™

Norwegian Dawn

Monday, September 21st, 2009
At Sea

Today's forecast
Sunny 74F/ 24C

Sunrise
7:28am

Sunset
7:23pm

"It's the night to dress up,
or not..."

Tip of the day

Jazz Brunch

Join us as we mix hot cuisine and cool Jazz in this unique Brunch atmosphere only offered today 11:00am-1:00pm. Salsa Restaurant, Deck 8, Mid (fee applies)

Did you remember to advance your clock one hour before you went to bed last night? (Sunday)

Tonight's entertainment

Showtime: Band on the Run

Norwegian Cruise Line is proud to present "Band on the Run" featuring the Jean Ann Ryan Company in this tribute and flashback to the music and dance of the psychedelic 70's. Photography, audio and video recording of this show is strictly prohibited. No minors in the front row please. Doors will open 30 minutes prior to show time.

Time: 7:30pm and 9:30pm, Stardust Theatre, Deck 6 & 7, Fwd

NCL's Monte Carlo Night

Is the Joker Wild Enough? This is Casino Extraordinaire! Tonight we are going to take you to Monte Carlo with a little Las Vegas Flair! Put on your Freestyle Tuxedo "T" and enter our high energy Casino Lounge with the sizzle of the French Riviera and a bit of Sin City glam. Bonne chance!

Time: 10:45pm, Dawn Club Casino, Deck 6, Fwd

What's on tap today

Shore Excursion Presentation: This talk will cover port highlights, recommended tours and expert tips. The only live presentation of the cruise, don't miss it!

Time: 10:30am
Stardust Theater, Deck 6 & 7, Fwd

Cooking Demonstration: Executive Chef Messiah will teach you his fine art. Learn about what goes on behind the scenes. Q&A too!

Time: 10:30am
Gatsby's Lounge, Deck 6, Mid

Giant Jackpot Bingo: Join us for our first exciting session of Bingo. It's your chance to win lots of cash & get free raffle tickets to win a cruise for two. Check out the Instant Win pull tabs to win up to \$2000. Last cruise Bingo paid over \$10,000 cash!

Time: 11:30am
Spinnaker Lounge, Deck 12, Fwd

Shopping Talk: Find out where to go, what to do & where to shop in our wonderful ports of Call! Transportation information, highlights and shopping info will be combined with all sorts of amazing prizes including a 2ct Blue Topaz!

Time: 12:30pm
Stardust Theatre, Deck 6 & 7, Fwd

Champagne Art Auction: You have only one chance at a live art auction. Famous artists going at heavily discounted prices – today and today only. Free art and free champagne for all who attend.

Preview: 1:30pm – Auction to follow
Dazzles Lounge, Deck 7, Fwd

Did you bring formal wear? Tonight is the perfect night to dress up (or not)! We'll have elegant backgrounds & you can get your picture taken with Captain Paul von Knorring from 7:40pm-8:00pm!

\$2,000 Cash Prize Bling-Bling Bingo: Your chance to win \$2,000 & a gemstone ring with an appraised value of \$600 courtesy of Colombian Emeralds. Bring your coupons from your room to get another \$10 jackpot card for free!

Time: 4:00pm
Spinnaker Lounge, Deck 12, Fwd

Not-So-Newlywed Game Show: Join your Cruise Director, Shona for our version of the classic TV show. It gets a little spicy as four couples, some newlywed and some not-so-newlywed, find out how well they know each other.

Time: 8:30pm (PG-13)
Spinnaker Lounge, Deck 12, Fwd

Music Everywhere

Dazzles Lounge, Deck 7, Fwd

Music with Fire and Ice
7:00pm-11:00pm

Party Zone with DJ Jasper
11:00pm-Whenever

Gatsby's Lounge, Deck 6, Mid

Music with Fabrizio Caligaris
5:30pm-6:30pm

10:45pm 'til whenever

Music with Vladimir Krivian
6:45pm-8:00pm

Music with Bernie Martini
8:15pm-10:30pm

Grand Atrium, Deck 7, Mid

Norwegian Dawn Quintet
11:00am-1:00pm

Music with Los Amigos
5:45pm-6:30pm

8:15pm-10:00pm

Music with Fabrizio Caligaris
7:00pm-8:00pm

Poolside, Deck 12, Mid

Music with Caribbean Plus
12:00pm-2:00pm

3:00pm-5:00pm

Music with DJ Jasper
2:00pm-3:00pm

Spinnaker Lounge, Deck 12, Fwd

Music with Next Stage
8:00pm-Whenever

Tribute to the Beatles
10:30pm

Star Bar, Deck 13, Mid

Melodies with Fabrizio Caligaris
9:00pm-10:30pm

Tribute to Elton John
9:45pm

Music with Vladimir Krivian
10:45pm-Whenever

Venetian Restaurant, Deck 7, Aft

Music with Vladimir Krivian
8:15pm-9:30pm

Don't miss this!

Something to tell your friends and family!

Would you like to have Dinner with the ships officers but have never had the chance to do it? Now your time has come! Participate in the "Officers Dinner Raffle" by leaving your name and stateroom number at the reception desk before Tuesday (Halifax) evening 6:00pm. You will be notified if you are one of our lucky winners. Good Luck and Bon Appétit!

Bar Manager's Specials

Drink of the day

"Mangopolitan", \$7.95

NCL "U"

Sake & Sushi Tasting - \$15
Bamboo 11:00am

Smoothie of the Day

"Blueberry Blast", \$8.95

Sign-up for the unlimited Pepsi soda program, ask any of our friendly Bar Staff for more information.

Dear Shona,

Is Bingo for all ages?

Of course it is! Not only will you have a chance to win cash, but also a free cruise.

How does Cash Prize Bingo at Sea work?

Everybody who participates in Bingo this morning at 11:30am will get raffle tickets for a chance to win a cruise for 2 and a chance to win the Jackpot money. We also left some Free Bingo Coupons in your rooms for you to use with today's bingo sessions. These coupons will get you 3 additional chances valued at \$10 to win the jackpot and they can be activated by purchasing any Bingo handset.

Bingo is the highlight of the day! Ask for details!

If you snooze, you can always join the afternoon session at 4:00pm where you can play for \$2,000 and a chance to win a gemstone ring with an appraised value of \$600 courtesy of Colombian Emeralds on board.

Every bingo session gives you a chance to collect more and more raffle tickets for the free cruise that we raffle at the end of the week!

You must be in it to win it. So bring your friends and family and don't miss all the action at Bingo 11:30am and 4:00pm in the Spinnaker Lounge. Kids can also play.

Today:

Giant Jackpot Bingo-plus raffle tickets to win a cruise...

Time: 11:30am

\$2,000 Cash Prize Bingo-plus

\$600 Ring Draw

Time: 4:00pm

Bring your Coupons from your rooms...

Shore Excursions

Have you ever... wanted to discover the best of St. John, Halifax, Bar Harbor and Newport? Now you can. Join your Shore Excursions Team at 10:30am in the Stardust Theater for a very informative presentation. Discover what to do and where to go to maximize your time ashore.

Desk Hours: 9:00am-9:00pm
Grand Atrium, Deck 7, Mid

El Dorado Spa & Salón

Ionithermie Inch Loss Treatment -Get your body back this Vacation! Would you like to detoxify your body? How about improving your cellulite and skin tone? Book your course of 3 today, lose an instant 1-8 inches and live the results of a more healthy, energetic you!

\$159- 50 minutes

Time: 8:00am-8:00pm

Eldorado Spa, Deck 11, Aft. Ext 11777

Win a Free piece of jewelry!

Jewelry Manager Joanna hosts an Amber & Pearl seminar today at the Java café, in the Grand Atrium, Deck 7 Mid, at 10:00am. Learn about the origins of Amber & Pearls and its quality. As an added bonus receive a Free Emerald specimen just for attending and a chance to win a free piece of jewelry!

Store hrs: 9:00am-12:00am (midnight)
Galleria Gift Shops, Deck 7, Aft

Sensation of Love

Everyday is a special day to let that person in your life know you care. Roses and Diamonds are a girl's best friend: you can buy both on board the beautiful Norwegian Dawn. Our beautiful roses are available in all Dining Rooms each night of your cruise. You can be the one who made a person smile with a single touch of rose. See your Restaurant Staff for details.

Diamond & Gemstone Seminar

Join our Gemologist Jason Bridge as he takes you through the wonderful world of sparkle and shine. Origins, history and buyers guides for the worlds most beautiful and sought after gemstones will be covered. Whether you are planning to shop this cruise or in the future, don't miss this truly useful seminar.

Time: 4:00pm

Grand Atrium, Deck 7, Mid

Dawn Club Casino

No Limit Texas Hold'em Tournament:

11:00am, limited seats available.

1st Qualifying Slot Tournament: 1:30pm.

1st Qualifying Blackjack Tournament: 2:30pm

\$15 to enter - up to \$500 to be won in the finals.

Paradise Lotto: 11:30pm - Only \$2 to win the \$272,000 Jackpot!

Slots open all night & tables at 9:00am

Dawn Club Casino, Deck 6, Fwd

Get your \$100 Free

Get \$100 free spending money for this cruise plus a reduced deposit off your next cruise when you purchase a Cruise Reward. See your Cruise Consultant, Candace, for details.

Desk Hours: 9:30am-11:30pm, 4:00pm-6:00pm
Grand Atrium, Deck 7, Mid

Photo Gallery

"Dressed Up" portraits are being taken tonight. Quality studio photographs with no obligation to purchase and no sitting fees.

Dress to impress and look your best!

Portrait Taking: 5:00pm-10:00pm

Photos with the Captain: 7:40pm-8:00pm

Grand Atrium, Deck 7, Mid

Gallery Hours: 9:00am-3:00pm

Deck 7, Fwd

Champagne Art Auction

One Time Only

An amazing event not to be missed, the auction is fast, fun and informative with bids on beautiful original works by world class artists in all sizes and in all price ranges. Free art for attending, free champagne and a free art raffle. There is only One auction this cruise so don't miss out!

Time: 1:30pm-Registration and Preview
Dazzles Lounge, Deck 7, Fwd

Internet Café Extended Special

Extended Embarkation Special until 12:00pm. Save up to 47% when purchasing a timeplan compared to PayAsYouGo. See Trevor, the Internet Manager for details.

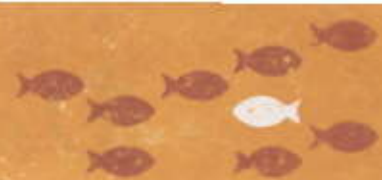
Manager's Hours: 9:00am-12:00pm, 2:00pm-5:00pm & 8:00pm-10:00pm

Internet Cafe, Deck 9, Mid (Open 24Hrs)

Via spiral stairs to above Salsa Restaurant.



Today Onboard



Have you ever...

Been to Peggy's Cove in Halifax or Acadia National Park in Bar Harbor?
What about the Freedom Trail in Boston?

Now you can!

Discover this and more with NCL's Shore Excursions.
It's the safest and easiest way to maximize your time ashore and there's something for everyone.

Don't miss this...

Shore Excursions Presentation

10:30am - Tomorrow in the Stardust Theater, Deck 6 & 7 Forward
We'll give you all the information on what to see, what to do & what not to miss.
See you there!

Specialty Restaurants

Whether you are craving a mouth-watering steak, hand-rolled sushi, the best Asian dishes, authentic pasta, French cuisine, Tex Mex, French or even a Steakhouse

Our delicious specialty restaurants have just what you are looking for.

Make a reservation today by dialing 9931 7:30am-9:30pm.
Or visit our Hostess 7:30am-4:30pm, Grand Atrium, Deck 7, Fwd or 5:00pm-9:30pm, Gatsby's Lounge, Deck 6, Mid

El Dorado Spa & Beauty Salon

Come along and meet the spa team and view our wonderful Spa facilities including our VIP indoor thermal retreat area.

Spa raffle at 5:30pm

You could win up to \$400 worth of treatments

Acupuncture also available on board.

Please call for your complimentary consultation with Kim our licensed specialist

Call #11777 Open 12:00pm-10:00pm
El Dorado Spa, Deck 11, Aft

Medi-Spa Facial Rejuvenation

Try our youth-enhancing BOTOX® Cosmetic and Restylane treatments and go home looking and feeling better than ever.

Embarkation Specials

Book and receive any signature treatment today and receive 15 minutes extra massage free!

Dawn Club Casino

Win a free dinner for two, plus your chance to become a winner of up to \$500*

Just sign up for our Slot & Blackjack tournaments.
We guarantee you'll be happy you did!

Dawn Club Casino, Deck 6, Fwd

*Conditions Apply. See your Casino Host for more details.

Jazz Brunch

Indulge in one of the finer things in life!
Don't miss our Master Chef's menu, Live
Jazz music and complimentary mimosa.

Monday, 11:00am to 1:00pm

Salsa Restaurant, Deck 8, Mid
(Cover charge applies)

20 Minutes Free

Purchase an Internet time plan today and
receive up to 20 free minutes! Drop by and
meet your Internet Manager Trevor, for any
assistance with your internet needs.

Deck 9, Mid-ship (Open 24 hrs.)
Access via the spiral stairs from the Atrium.

Photo Gallery

Your embarkation pictures are ready
for viewing.

For all your photographic needs, please visit
us in the photo gallery.

Group bookings also available.

6:00pm-11:00pm, Photo Gallery, Deck 7, Mid

Galleria Gift Shop

Sail Away specials

10% off Liquor today only!

(Cannot be combined with any other offers)

10% off all Jewelry in Colombian Emeralds.

(Excludes already discounted jewelry.)

5:00pm-12:00am

Deck 7 Aft

Welcome Aboard Champagne Reception & Pre-Registration

We have an incredible collection of art onboard, so come and grab a glass of champagne
and pre-register for all the fun and excitement of our One & Only live auction.

Guess the Price of the Picasso in the Grand Atrium and you could win 2 large format works of art.

All it takes is one lucky guess!

We'll see you there!

6:00pm-9:00pm, Art Gallery, Deck 12, Fwd



Freestyle Daily Activities



Stuff for the "morning people"...

7:00am	Early Morning Stretch
7:30am	Walk a Mile
8:00am	Indoor Cycling (fee applies)
9:00am	Yoga (fee applies)
9:00am-5:00am	Under 2 Zoo - for Moms & Dads with children under 2yrs
9:30am	Jewelry Slide Show
9:30am	Morning Trivia with your Cruise Director's Staff
9:30am-11:00am	Murder Mystery Dinner Sign-Up (Adults Only, 96 Max)
10:00am	Amber & Pearls Seminar (A chance to win a Free piece of jewelry)
10:00am	Seminar: Secrets to a Flatter Stomach
10:00am-11:30am	Adult "Wii" Sports Resort with your Cruise Director's Staff
10:00am-Noon	Basketball Open Play with your Fellow Guests
10:30am	Shore Excursion Presentation
10:30am	Cooking Demonstration with Executive Chef Messiah
11:00am	NCL "U" - Sake and Sushi Tasting (\$15) - minimum of 10 guests
11:00am	Towel Folding Class with your Housekeeping Staff
11:00am	No Limit Texas Hold'Em Tournament
11:00am	Seminar: Brighter, Whiter Smile with Uros
11:00am-11:30am	Free Gaming Lessons
11:30am	Giant Jackpot Bingo

Fitness Center, Deck 12, Aft
Fitness Center, Deck 12, Aft
Fitness Center, Deck 12, Aft
Fitness Center, Deck 12, Aft
Port Room, Deck 12, Fwd
Java Café, Deck 7, Mid
Pearly King's Pub, Deck 7, Mid
Library, Deck 12, Fwd
Java Café, Deck 7, Mid
Fitness Center, Deck 12, Aft
Pearly King's Pub, Deck 7, Aft
Sport Deck, Deck 14, Mid
Stardust Theatre, Deck 6 & 7, Fwd
Gatsby's Lounge, Deck 6, Mid
Bamboo, Deck 7, Mid
Cinema, Deck 12, Fwd
Dawn Club Casino, Deck 6, Fwd
El Dorado Spa, Deck 11, Aft
Dawn Club Casino, Deck 6, Fwd
Spinnaker Lounge, Deck 12, Fwd

Add pizzazz to your afternoon...

12:00pm-1:00pm	Family LEGO building
12:30pm	Port and Shopping Talk with Jason Bridge
1:00pm	The Art of Collecting 101
1:00pm	Goofy Golf Putting Tournament with your Cruise Director's Staff
1:00pm	NCL "U" Italian Wine Tasting (\$15) - minimum of 10 guests
1:00pm-2:00pm	Sport Tournament: Start of Free for all Dodge Ball Tourney (16 yrs. & over only)
1:00pm-4:00pm	Informal Bridge Play
1:30pm	Fun, Fast & Furious Champagne Art Auction Preview (Auction to follow)
1:30pm	Ammolite Gemstone Documentary
1:30pm-2:30pm	Slot Tournament
2:00pm	NCL "U" - Martini Tasting (\$15) - minimum of 10 guests
2:00pm	Ice Carving Demonstration
2:00pm	Seminar: Introduction to Acupuncture - Win a Free Treatment
2:00pm	Seminar: Detox for Health and Weight Loss
2:00pm-3:30pm	Soccer Open play with your Fellow Guests
2:00pm-4:00pm	Complimentary Hair Consultations with Emma
2:30pm	Shuffleboard Games with your Cruise Director's Staff
2:30pm-3:30pm	Murder Mystery Dinner Sign-Up (Adults Only, 96 Max)
2:30pm-3:30pm	Blackjack Tournament
3:00pm	Dance Lesson-Learn the Cha-Cha with Anton & Olga
3:00pm	Seminar: How to look 10 years younger in 10 minutes with Dr. Cruz
3:00pm	Ping Pong Tourney with your Cruise Director's Staff
3:30pm	Sport Tournament: Adult Basketball with your Fellow Guests
4:00pm	Family Pizza making
4:00pm	NCL "U" - Beer and Food Tasting (\$18) - minimum of 10 guests
4:00pm	Diamond and Gemstone Seminar with Jason Bridge
4:00pm	Core Conditioning Pilates *(fee applies)
4:00pm	\$2,000 Cash Prize - Bling Bling Bingo
5:00pm	Stretch Class
5:00pm	Friends of Bill W.
5:00pm-7:00pm	Martini Club
5:00pm-Whenever	Basketball Open Play with your fellow guests

Teen Club, Deck 13, Aft
Stardust Theatre, Deck 6 & 7, Fwd
Dazzles Lounge, Deck 7, Fwd
Gatsby's Lounge, Deck 6, Mid
Impressions', Deck 6, Mid
Sport Deck, Deck 14, Aft
Shuffles Card Room, Deck 12, Fwd
Dazzles Lounge, Deck 7, Fwd
Java Café, Deck 7, Mid
Dawn Club Casino, Deck 6, Fwd
Star Bar, Deck 13, Mid
Oasis Poolside, Deck 12, Mid
Gatsby's Lounge, Deck 6, Mid
Fitness Center, Deck 12, Aft
Sport Deck, Deck 14, Aft
El Dorado Spa, Deck 11, Aft
Starboard Side, Deck 7, Mid
Library, Deck 12, Fwd
Dawn Club Casino, Deck 6, Fwd
Spinnaker Lounge, Deck 12, Fwd
Gatsby's Lounge, Deck 6, Mid
Deck 13, Portside, Mid
Sport Deck, Deck 14, Aft
Garden Café, Deck 12, Portside
Pearly King's Pub, Deck 7, Mid
Java Café, Deck 7, Mid
Fitness Center, Deck 12, Aft
Spinnaker Lounge, Deck 12, Fwd
Fitness Center, Deck 12, Aft
Bangkok Room, Deck 12, Fwd
Star Bar, Deck 13, Mid
Sport Deck, Deck 14, Aft

Everything's hotter when the sun goes down...

(See front page for a full listing of tonight's music and dance options)

6:00pm	Singles Social and Dinner Sign-up with Cruise Director's Staff
6:30pm	Progressive Trivia with your Cruise Director's Staff
7:30pm & 9:30pm	Stardust Showtime: Band on the Run
7:40pm-8:00pm	Photos with Captain Paul von Knorring
8:30pm	Not-So Newlywed Game Show with your Cruise Director Shona
10:00pm	Friends of Dorothy
10:45pm	NCL's Monte Carlo Night
11:00am-Whenever	Party Zone with DJ Jasper
11:30pm	Paradise Lotto Drawing: Win \$272,000 - \$2 a game

Star Bar, Deck 13, Mid
Pearly King's Pub, Deck 7, Mid
Stardust Theater, Deck 6 & 7, Fwd
Grand Atrium, Deck 7, Mid
Spinnaker Lounge, Deck 12, Fwd
Dazzles 2, Deck 7, Fwd
Dawn Club Casino, Deck 6, Fwd
Dazzles Lounge, Deck 7, Fwd
Dawn Club Casino, Deck 6, Fwd

Ok, we know this looks like a schedule (gasp!), but remember, you're free to do whatever!

Bar Services

Garden Café Juice Bar Deck, 12, Aft	6:30am-Whenever
Java Café Deck 7, Mid	7:00am-Whenever
Topsiders Bar Deck 12, Mid	7:30am-Whenever
Casino Bar Deck 6, Fwd	9:00am-Whenever
Bimini Bar*** Deck 13, Fwd	10:00am-Whenever
Spinnaker Bar Deck 12, Fwd	10:00am-Whenever
Pearly King's Pub Deck 7, Aft	12:00pm-Whenever
Gatsby's Bar Deck 6, Mid	12:00pm-Whenever
Star Bar Deck 13, Mid	5:00pm-Whenever
Dazzles Lounge Deck 7, Fwd	5:00pm-Whenever
Salsa Bar Deck 8, Mid	5:30pm-Whenever
Sake Bar Deck 7, Fwd	5:30pm-Whenever

Guest Services

Art Gallery Deck 12, Fwd	7:00pm-10:00pm
Cinema Deck 12, Fwd	(Schedule posted at both cinema entrances)
Dawn Club Casino Deck 6, Fwd	Continuous
El Dorado Spa & Salon** Deck 11, Aft (Phone #11777)	8:00am-8:00pm
Fitness Center Deck 12, Aft	Always Open
Galleria Gift Shop Deck 7, Aft	9:00am-12:00am
Golf Cage Deck 13, Aft	9:00am-6:00pm
Internet Café Deck 9, Mid	Always Open
Kids Pool Deck 12, Aft	8:00am-6:00pm
Library Deck 12, Fwd	9:30am-11:30am
Medical Center Deck 4, Mid (#4111)	2:00pm-4:00pm
Oasis Pool/Jacuzzi* Deck 12, Mid	8:30am-10:00am
Onboard Credit Desk Deck 7, Mid	4:00pm-5:30pm
Photo Gallery Deck 7, Fwd	6:00am-11:00pm
Reception Desk Deck 7, Mid (#00)	8:00am-12:00pm
Shore Excursions Deck 7, Mid	4:00pm-8:00pm
Sports Equipment Deck 7, 13, 14 Mid	9:00am-3:00pm
T-Rex Kids Center Deck 13, Aft #13777	Always Open
T-Rex Late Night Fun Zone (fee applies) Deck 13, Aft #13777	9:00am-9:00pm
Video Arcade Zone Deck 13, Aft	8:00am-8:00pm
	9:00am-10:30pm
	10:30pm-1:30am
	Always Open

*Pools and Jacuzzi - Weather Permitting. Forward Jacuzzis and Pool, Deck 12, are adults only. Please, no reserving of deck chairs. Items left on deck chairs for more than 30mins will be removed and placed at Reception, Deck 7, Mid.

**Hydro pool & Thermal Suite, Indoor Pool, Jacuzzi, Sauna, Steam bath Relaxation area. Couples Cruise Pass \$150, Single Pass \$99

***Weather Permitting

Freestyle Dining

Getting Started...

Early Bird (Blue Lagoon, Deck 7, Aft)	5:30am-7:00am
Garden Café Deck 12, Aft	7:00am-11:30am
Venetian Deck 7, Aft	8:00am-10:00am

Satisfy Your Afternoon Appetite...

Jazz Brunch* (\$15) Deck 6, Mid	11:00am-1:00pm
New York Deli Deck 12, Aft, portside	11:30am-5:00pm
Garden Café Lunch Deck 12, Aft	12:00pm-3:00pm
Venetian Deck 7, Aft	12:00pm-1:30pm
Bimini Grill Deck 14, Fwd	12:00pm-5:00pm
BBQ** Pool Deck, Deck 12, Mid	12:00pm-1:30pm
Sprinkles Ice Cream Deck 12, Mid	12:00pm-5:00pm
Teppanyaki* (\$25) Deck 7, Mid	12:00pm-Close
Sushi* (\$15) Deck 7, Mid	12:00pm-Close

What Are you In The Mood For?

Garden Café Deck 12, Aft	5:00pm-9:30pm
Venetian Deck 7, Aft	5:00pm-9:30pm
Aqua Deck 6, Mid	5:00pm-10:00pm
Cagney's Steakhouse* (\$25) Deck 13, Mid	5:30pm-10:30pm
Best restaurant for steak or surf & turf	
Le Bistro* (\$15) Deck 6, Mid	5:30pm-10:30pm
French Cuisine & only restaurant with Chocolate Fondue	
Bamboo & Sushi Bar* (\$15) Deck 7, Mid	5:30pm-10:30pm
All you can eat Sushi	
Teppanyaki* (\$25) Deck 7, Mid	5:30pm, 7:15pm, 9:00pm
Great entertainment as Chef cooks in front of you	
Impressions* (\$10) Deck 6, Mid	5:30pm-10:30pm
Italian Cuisine specialties	
Salsa* (\$10) Deck 8, Mid	5:30pm-10:30pm
Includes a Free Margarita	

For Whenever You Are Hungry...

Garden Café Deck 12, Aft	9:30pm-11:30pm
Blue Lagoon Deck 7 Aft	Always Open
Room Service (#6515)	Always Open

*These restaurants charge a cover, but the costs are really minimal (and for what you get, you'll find it's well worth it)

**Weather Permitting

Restaurant reservations - Reservations are never required for any of our restaurant, but they can be made up to 24 hours before dinnertime. To make your reservations just call extension number 9931 or visit us on the Grand Atrium, Deck 7, Mid between 7:30am-4:30pm and in Gatsby lounge, Deck 6, Mid between 5:00pm-9:30pm.

Cancellations: To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes (except Teppanyaki reservations). If you need to cancel, please do so by 4:30pm on the day of your reservation to avoid having the cover charge for up to two guests applied to your account.

Customer Advisory: There is a risk involved when consuming animal products such as beef, eggs, fish, lamb, poultry or shell fish that is raw or undercooked or when consuming un-pasteurized juices. If you have any chronic illness, immune disorder and are unsure of the risk, please consult a physician.

All about alcohol: If you bought liquor (in bottles) on shore, we'll hold them for you until the last night of your cruise. Pick-up is anytime from 9:00pm to 11:00pm in the Lifestyle Room, Deck 12, forward.

Who can drink: 21? You can drink! If you're 18-20, and parents give written permission to the Reception Desk, you can purchase beer & wine.

Smoking Areas: Public areas are smoke free. If you want to smoke, we've set aside spots just for you. If you smoke cigarettes, you can smoke in your stateroom, on your balcony, in the casino Havana Cigar. You can smoke cigarettes, pipes & cigars outside on open decks (just please don't smoke around food venues, sports decks or jogging areas, kids pool areas and other designated non-smoking areas). Please do not throw cigarettes overboard and please remember to never smoke in bed.

Jacuzzis & Pools: Glass & bottles can't be brought into any of the pools or hot tubs, neither can children in diapers or pull-ups, including swimmers. Please take a shower before entering the pool or any of the Jacuzzis.

Sharp Containers: Ask the Reception Desk or Medical Center for special containers for needles and other sharp objects.

Please bear with us: reception does not have an automatic call answering / call waiting system, so do not fear, if your call is not answered within a few rings please try again.

Customer Relations: Got a service problem? We'll do our best to solve it! Call #00.

Walking & Jogging: Deck 13 is a jogging track open 24/7. Deck 7 is a walking-only track; it's open 9:00am-9:00pm. Remember, all sports play at your own risk.

Open Flames: Such as burning candles and incense, aren't allowed.

Safety Equipment: Please don't remove or meddle with any safety equipment onboard (such as smoke detectors or fire extinguishers). And, please follow safety instructions from the crew members.

Casino: You have to be 18 (with ID) to gamble or be in the casino. Sorry, but no winnings can be paid to any person or bets in violation. Also, drink or glassware can't be taken out; pipes or cigars can't be taken in. Slot winnings of \$1,200 & above could be subject to W2-G tax withholding.

Toilet Vacuum System: Please do not throw foreign objects into the toilet. Disposal of items other than toilet paper may damage the system.

Environmental Hotline: You can report environmental incidents by calling 1-877-501-5976, the ship reception desk at #00, or via e-mail to EnvironmentalHotline@NCL.com. All reports are confidential.