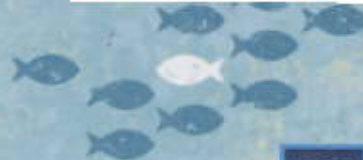


Freestyle Daily



NORWEGIAN CRUISE LINE
FREESTYLE CRUISING

Norwegian Dawn

Friday, October 2nd, 2009
Boston, Massachusetts

Today's forecast
Mostly Sunny 65F/18C

Sunrise
6:43am

Sunset
6:24pm

Arrival
8:00am Approx.

All Aboard
5:30pm

Tip of the day

Pampering shouldn't end when you leave the ship...

Want the perfect skin for when you return home? Is it suffering from too much sun and wind? Then allow us to introduce you to Elemis & La Therapie luxury brands of skin care. The El Dorado Spa offers the latest in advanced facial technology. Visit us today for a consultation and personalized prescription – our on board specialists have the answer to your skin concerns!

Tonight's entertainment

Stardust Showtime: Bollywood

NCL proudly presents "Bollywood", featuring The Jean Ann Ryan Company. Don't miss this fantastic show full of special effects and incredible feats of human strength. Undoubtedly the best show on the seven seas. Immediately following the show, watch a special tribute by the Officers, Staff, and Crew of the Norwegian Dawn. No minors in the first row please.

Time: 7:30pm & 9:30pm, Stardust Theatre, Deck 6 & 7, Fwd

NCL's White Hot Dance Party

Melt the ice as we heat up the dance floor in a white wonderland. It may be bright outside but it's the biggest party of the night! Enjoy the sultry moves of our Jean Ann Ryan Angel dancers and be on the look out for snow on the dance floor as you boogie the night away. Tonight - wear white and be creative. Don't have any white? Still come and expect the unexpected!

Time: 10:30pm, Spinnaker Lounge, Deck 12, Fwd

What's on tap today

Welcome to Boston: All guests, including children, must carry their key card as well as photo ID. Kindly refrain from proceeding to the gangway until clearance from the local officials has been announced over the PA System by your Cruise Director Shona. Have an amazing day.

Win a Cruise Bingo! Here's your chance to win your next NCL cruise vacation free. Lots of cash prizes to be given away and one lucky Bingo player will also win a free NCL Caribbean Cruise for Two. Remember you must be present to win. Bring all of your raffle tickets along.

Time: 5:30pm
Spinnaker Lounge, Deck 12, Fwd

NCL "U" - Before they were Stars with The Second City: Learn about the iconic comedy theater that has launched the careers of great comedians for 50 years and see clips of some of its famous alumni from before they were stars. Video with Q & A.

Time: 6:00pm
Cinema, Deck 12, Fwd

Masters Silent Art Auction: Join us tonight for this prestigious event. All the Masterworks by Picasso, Chagall, Dali, Miro, Goya, Rembrandt & so much more will be up for Silent Bids. This is a 3 hour only event-bidding will close at 10:00pm
Time: 7:00pm-10:00pm
Art Gallery, Deck 12, Fwd

Rock Night with Next Stage: If you love listening to Rock music well tonight's the night. Prepare yourself for an evening of pure rock with our rock band, Next Stage.
Time: 10:30pm
Dazzles Lounge, Deck 7, Fwd

Tribute to "Male Vocal Crooners": Join piano entertainer Bernie Martini as he pays a tribute to the "Male Vocal Crooners" with names like Frank Sinatra, Nat King Cole and Tony Bennet.
Time: 10:30pm
Gatsby's Lounge, Deck 6, Mid

Music Everywhere

Dazzles Lounge, Deck 7, Fwd

Music with Fire and Ice
7:30pm-10:00pm

Rock Night with Next Stage
10:30pm-1:30am

Party Zone with DJ Jasper
1:30am-Whenever

Gatsby's Lounge, Deck 6, Mid

Music with Fabrizio Caligaris
6:00pm-8:00pm

Piano and vocal melodies with
Bernie Martini
8:15pm Whenever

Tribute to Male Vocal Crooners
10:30pm

Grand Atrium, Deck 7, Mid

Vocal Harmonies with Los Amigos
6:00pm-10:00pm

Poolside, Deck 12, Mid

Sail-Away with Caribbean Plus
3:00pm-6:00pm

Spinnaker Lounge, Deck 12, Fwd

Norwegian Dawn Show Band
9:30pm-10:15pm

Star Bar, Deck 13, Mid

Music with Vladimir Krivian
8:15pm-9:15pm

Music with Fabrizio Caligaris
9:30pm-Whenever

Venetian Restaurant, Deck 7, Aft

Music with Vladimir Krivian
6:00pm-8:00pm

Don't miss this!

The Second City Scriptless

Join The Second City cast for this hilarious Scriptless Show. This is improv comedy at its finest. Be ready to shout out all your suggestions! (Family friendly.)

Time: 8:45pm, Spinnaker Lounge, Deck 12, Fwd

Bar Manager's Specials

Drink of the day
"The Painkiller" \$7.95

White Hot Party!

"Mojito Madness" in a Flicker Glass \$7.95
(Keep the glass) Exclusive at the White Hot Party!
Tonight, 10:30pm, Spinnaker Lounge

Smoothie of the day
"Bushwacker" \$9.95

Dear Shona,

What does Duty Free mean?

Duty Free means that you can shop in our Galleria Gift Shops onboard, including Colombian Emeralds International, and not pay either state or import taxes on your purchases. This can mean substantial savings for you!

Established 40-years ago, Colombian Emeralds is considered a leader in fine jewelry and is one of the world's largest duty free retailers. NCL endorses their value, quality, and integrity. My first choice for shopping! With savings up to 50%, Colombian Emeralds offer timepieces from Omega, Tag Heuer, Rado, and Citizen.

Great savings on duty free items, including fragrances, cosmetics, crystal, liquor, and tobacco. We have exclusive NCL apparel and souvenirs for friends and family.

Visit our Duty Free shops located on Deck 7, Mid.

Shore Excursion

Have you ever been to... Historic Boston & Cambridge? If you want to have an easy day then sign up on the pier for the Quincy Market Round-Trip Shuttle. Use our 24 Hour Drop Box, no lines to waiting.
Desk Hours: 8:00am-10:00am, 6:00pm-9:00pm
Shore Excursion Desk, Deck 7, Mid

Medi- Spa on Board

Leave your worries behind—including your worry lines! Try our youth-enhancing BOTOX® Cosmetic and Restylane treatments and go home looking and feeling better than ever. Call Dr Cruz today for your complimentary consultation. Limited Spaces
Time: 8:00pm-10:00pm
El Dorado Spa, Deck 11, Aft

Tax & Duty-Free Shopping Onboard!

Visit our Galleria Gift Shops onboard for all your NCL logo souvenirs. Don't forget to collect your free 2 ct loose gemstone when you open our duty-free.com shopping card in Colombian Emeralds. No purchase necessary!
Store Hours: 6:30pm-12:00am
Galleria Gift Shop, Deck 7, Aft

Airport Transfers

Transfers are subject to cancellation depending on the number of guests participating. Earliest Airline Departure time is 1:30pm. Stop by the Reception Desk to secure your space.
Pier to Airport Transfer:
(LGA) New York LaGuardia- \$50/person
(JFK) New York JFK- \$50/person
(EWR) Newark Liberty International- \$50/person
Must sign up before 12:00pm (noon) Saturday!

Shopping Consultant

Join Jason in Colombian Emeralds International tonight to view the precious pink and extraordinary yellow diamonds of the master diamantaire Gregg Ruth! With gold at record highs check out Ammolite set in sterling silver all tax and duty free!
Colombian Emeralds, Deck 7, Aft

Dawn Club Casino

Slot Tournament: Last qualifying rounds 7:00pm - (finals at 7:30pm).
Blackjack Tournament: 7:30pm (finals at 8:00pm) - Win up to \$500 in today's finals. Registration starts at 7:00pm.
Lottery Drawing: 11:30pm. Win the Jackpot of over \$273,000!
Casino Hours: 7:00pm (approx.)-Whenever Dawn Club Casino, Deck 6, Fwd

Want to cruise in the next 4 years?

Having a great time, enjoying your cruise? Think you'll cruise in the next 4 years? Then Cruise Rewards is for you. Don't miss out and get your \$100 Free today.
Desk Hours: 6:00pm-8:00pm
Deck 7, Mid

Photo Gallery

This is your very last chance to have professional photographs taken. Remember, we don't charge a sitting or booking fee. Just stop by. Today's special: Buy 3 - 8x10" photos and get the 4th one Free.
Portrait Taking: 6:00pm-10:00pm
Grand Atrium, Deck 7, Mid
Gallery Opens: 5:00pm-11:00pm, Deck 7, Fwd

"Destino"

If you're a fan of Disney or Dali then go to this one time showing of their one and only collaboration. Nominated for an Academy Award, "Destino" delves into the mystery of the labyrinth of time as only Dali could. Afterwards, lay your eyes on the prestigious set of storyboards from this short film. (Film length 7mins.)
Time: 7:00pm-10:00pm
Art Gallery, Deck 12, Fwd

Internet Café

Top up your Internet minutes today!
30 minutes for \$12.00; or 15 minutes for \$8.25
Manager's Hours: 8:00am-10:00am, 4:00pm-6:00pm, 8:00pm-10:00pm
Internet Cafe, Deck 9, Mid (Open 24Hrs)
Via spiral stairs to above Salsa Restaurant.



Freestyle Daily Activities



Stuff for the "morning people"...

7:00am	Early Morning Stretch	Fitness Center, Deck 12, Aft
7:30am	Indoor Cycling (fee applies)	Fitness Centre, Deck 12, Aft
8:00am-6:00pm	Port Play (fee applies)	T-Rex Kids Centre, Deck 13, Aft
8.30am	Yoga (fee applies)	Fitness Center, Deck 12, Aft
9:00am	Movie: The Holiday (PG13, 2Hrs 1min)	Cinema, Deck 12, Fwd
9:00am-5:00pm	Under 2 Zoo - for Moms & Dads with children under 2yrs	Port Room, Deck 12, Fwd
10:00am	Informal Bridge Play with your fellow guests	Shuffles Card Room, Deck 12, Fwd
10:00am-11:30am	Adult Wii Sports with your Cruise Director's Staff	Pearly King's Pub, Deck 7, Mid
10:00am-12:00pm	Basketball Open Play with your fellow guests	Sports Deck, Deck 14, Mid
11:00am	Movie: Vantage Point (PG13, 1Hr 31min)	Cinema, Deck 12, Fwd
11:30am	Brunch Trivia with your Cruise Director's Staff	Pearly King's Pub, Deck 7, Aft

Add pizzazz to your afternoon...

12:30pm	Movie: Michael Clayton (R 2Hr)	Cinema, Deck 12, Fwd
1:30pm	3-Points Basketball Shoot Out with your Cruise Director's Staff	Basketball Court, Deck 14, Mid
1:30pm-3:30pm	Adult Wii Sports with your Cruise Director's Staff	Pearly King's Pub, Deck 7, Aft
2:00pm	Informal Bridge Play with your fellow guests	Shuffles Room, Deck 12, Fwd
2:00pm-3:00pm	Dodge ball Tournament with your Cruise Director's Staff	Sport Deck, Deck 14, Mid
2:30pm	Movie: August Rush (PG, 1Hr 54min)	Cinema, Deck 12, Fwd
3:00pm-5:00pm	Complimentary Facial Rejuvenation Consultations with Dr. Cruz	El Dorado Spa, Deck 11, Aft
4:00pm	Core Conditioning Pilates (fee applies)	Fitness Centre, Deck 12, Aft
4:00pm-5:00pm	Basketball Open Play with your fellow guests	Sport Deck, Deck 14, Mid
4:00pm-6:00pm	Complimentary Teeth Shade Analysis with Uros	El Dorado Spa, Deck 11, Aft
5:00pm	Friends of Bill W. Meet	Bangkok Room, Deck 12, Fwd
5:00pm	Seminar: How to Boost your Metabolism	Fitness Centre, Deck 12, Aft
5:00pm-6:00pm	Complimentary hair consultation with Emma	El Dorado Spa, Deck 11, Aft
5:30pm	NCL Free Cruise Give away Bingo! One lucky person will win!	Spinnaker Lounge, Deck 12, Fwd

Everything's hotter when the sun goes down...

(See front page for a full listing of tonight's music and dance options)

6:00pm	NCL "U"- Before they were Stars with The Second City	Cinema, Deck 12, Fwd
6:30pm	Progressive Trivia with your Cruise Director's Staff	Pearly King's Pub, Deck 7, Aft
7:00pm	Slot Tournament (Grand Finals 7:30 approx)	Dawn Club Casino, Deck 6, Fwd
7:00pm	Informal Sabbath Service	Chapel, Deck 12, Fwd, Portside
7:00pm-8:00pm	Complimentary Herbal Consultations with Kim	El Dorado Spa, Deck 11, Aft
7:00pm-10:00pm	Salvador Dali & Walt Disney Present "Destino"	Art Gallery, Deck 12, Fwd
7:00pm-10:00pm	Masters Silent Art Auction	Art Gallery, Deck 12, Fwd
7:30pm	Blackjack Tournament (Grand Finals 8:00pm approx.)	Dawn Club Casino, Deck 6, Fwd
7:30pm & 9:30pm	Stardust Showtime: "Bollywood"	Stardust Theater, Deck 6 & 7, Fwd
8:45pm	Second City Scriptless (Family viewing welcomed)	Spinnaker Lounge, Deck 12, Fwd
9:00pm	Movie: Enchanted (PG, 1Hr 48min)	Cinema, Deck 12, Fwd
10:00pm	Friends of Dorothy	Dazzles 2, Deck 7, Fwd
10:30pm	Tribute to "Male Vocal Crooners" with Bernie Martini	Gatsby's Lounge, Deck 6, Mid
10:30pm-1:30am	Rock Night with Next Stage	Dazzles Lounge, Deck 7, Fwd
10:30pm-Whenever	White Hot Dance Party	Spinnaker Lounge, Deck 12, Fwd
11:30pm	Paradise Lotto Drawing: Win \$273,000 - \$2 a game	Dawn Club Casino, Deck 6, Fwd
12:00am	Hot Seat Promotion (\$50 Free Slot/Table play)	Dawn Club Casino, Deck 6, Fwd
1:30am-Whenever	Party Zone with DJ Jasper	Dazzles Lounge, Deck 7, Fwd

Ok, we know this looks like a schedule (gasp!), but remember, you're free to do whatever!

Bar Services

Java Café Deck 7, Mid	7:00am-Whenever
Topsiders Bar Deck 12, Mid	7:30am-Whenever
Bimini Bar*** Deck 14, Fwd	3:00pm-Whenever
Pearly King's Pub Deck 7, Aft	3:00pm-Whenever
Spinnaker Bar Deck 12, Fwd	3:00pm-Whenever
Gatsby's Bar Deck 6, Mid	4:00pm-Whenever
Star Bar Deck 13, Mid	5:00pm-Whenever
Dazzles Lounge Deck 7, Fwd	5:00pm-Whenever
Salsa Bar Deck 8, Mid	5:30pm-Whenever
Sake Bar Deck 7, Mid	5:30pm-Whenever
Casino Bar Deck 6, Fwd	6:00pm-Whenever

Guest Services

Art Gallery Deck 12, Fwd	7:00pm-10:30pm
Cinema (Schedule posted at both cinema entrances) Deck 12, Fwd	
Dawn Club Casino Deck 6, Fwd	7:00pm-Whenever
El Dorado Spa & Salon** Deck 11, Aft - #11777	8:00am-10:00pm
Fitness Center Deck 12, Aft	Always Open
Galleria Gift Shop Deck 7, Aft	6:30pm-12:00am
Golf Cage Deck 13, Aft	9:00am-6:00pm
Internet Café Deck 9, Mid	Always Open
Kids Pool Deck 12, Aft	8:00am-6:00pm
Library Deck 12, Fwd	9:00am-10:00am 4:00pm-5:00pm
Medical Center Deck 4, Mid	8:30am-10:00am 4:00pm-5:30pm
Oasis Pool/Jacuzzi* Deck 12, Mid	6:00am-11:00pm
Onboard Credit Desk Deck 7, Mid	8:00am-11:00am 5:00pm-8:00pm
Photo Gallery Deck 7, Fwd	5:00pm-11:00pm
Reception Desk Deck 7, Mid (#00)	Always Open
Shore Excursions Desk Deck 7, Mid	8:00am-10:00am 6:00pm-9:00pm
T-Rex Kids Centre Deck 13, Aft #13777	6:00pm-10:30pm
T-Rex Late Night Fun Zone (fee applies) Deck 13, Aft #13777	10:30pm-1:30am
Video Arcade Zone Deck 13, Aft	Always Open

*Pools and Jacuzzi - Weather Permitting. Forward Jacuzzis and Pool, Deck 12, are adults only. Please, no reserving of deck chairs. Items left on deck chairs for more than 30mins will be removed and placed at Reception, Deck 7, Mid.

**Hydro pool & Thermal Suite, Indoor Pool, Jacuzzi, Sauna, Steam bath Relaxation area, Couples Cruise Pass \$150. Single Pass \$99

***Weather Permitting

All about alcohol: If you bought liquor (in bottles) on shore, we'll hold them for you until the last night of your cruise. Pick-up is anytime from 9:00pm to 11:00pm in the Lifestyle Room, Deck 12, forward.

Who can drink: 21? You can drink! If you're 18-20, and parents give written permission to the Reception Desk, you can purchase beer & wine.

Smoking Areas: Public areas are smoke free. If you want to smoke, we've set aside spots just for you. If you smoke cigarettes, you can smoke in your stateroom, on your balcony, in the casino Havana Cigar. You can smoke cigarettes, pipes & cigars outside on open decks (just please don't smoke around food venues, sports decks or jogging areas, kids pool areas and other designated non-smoking areas). Please do not throw cigarettes overboard and please remember to never smoke in bed.

Jacuzzis & Pools: Glass & bottles can't be brought into any of the pools or hot tubs, neither can children in diapers or pull-ups, including swimmers. Please take a shower before entering the pool or any of the Jacuzzis.

Sharp Containers: Ask the Reception Desk or Medical Center for special containers for needles and other sharp objects.



Freestyle Dining

Getting Started...

Early Bird Blue Lagoon, Deck 7, Aft	5:30am-7:00am
Aqua Deck 6, Mid	7:30am-9:30am
Garden Café Deck 12, Aft	7:00am-11:30am

Satisfy Your Afternoon Appetite...

New York Deli Deck 12, Aft	11:30am-5:00pm
Aqua Deck 6, Mid	12:00pm-1:30pm
Garden Café Deck 12, Aft	12:00pm-3:00pm
Sprinkles Ice Cream Deck 12, Mid	12:00pm-5:00pm

What Are You In The Mood For?

Garden Café Deck 12, Aft	5:00pm-9:30pm
Venetian Deck 7, Aft	5:30pm-9:30pm
Aqua Deck 6, Mid	5:30pm-10:00pm
Cagney's Steakhouse* (\$25) Deck 13, Mid Best restaurant for steak or surf & turf	5:30pm-10:30pm
Le Bistro* (\$15) Deck 6, Mid French Cuisine & only restaurant with Chocolate Fondue	5:30pm-10:30pm
Bamboo & Sushi Bar (\$15) Deck 7, Mid All you can eat Sushi	5:30pm-10:30pm
Teppanyaki* (\$25) Deck 7, Mid Great entertainment as Chef cooks in front of you	5:30pm, 7:15pm, 9:00pm
Impressions* (\$10) Deck 6, Mid Italian Cuisine specialties	5:30pm-10:30pm
Salsa* (\$10) Deck 8, Mid Includes a Free Margarita	5:30pm-10:30pm

For Whenever You Are Hungry:

Garden Café Deck 12, Aft	9:30pm-11:30pm
Blue Lagoon Café Deck 7 Aft	Always Open
Room Service (#6515)	Always Open

*These restaurants charge a cover, but the costs are really minimal (and for what you get, you'll find it's well worth it)

**Weather Permitting

Restaurant reservations: Reservations are never required for any of our restaurant, but they can be made up to 24 hours before dinnertime. To make your reservations just call extension number 9931 or visit us on the Grand Atrium, Deck 7, Mid between 7:30am-4:30pm and in Gatsby's Lounge, Deck 6, Mid between 5:00pm-9:30pm.

Cancellations: To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes (except Teppanyaki reservations). If you need to cancel, please do so by 4:30pm on the day of your reservation to avoid having the cover charge for up to two guests applied to your account.

Customer Advisory: There is a risk involved when consuming animal products such as beef, eggs, fish, lamb, poultry or shell fish that is raw or undercooked or when consuming un-pasteurized juices. If you have any chronic illness, immune disorder and are unsure of the risk, please consult a physician.

Please bear with us: reception does not have an automatic call answering / call waiting system, so do not fear, if your call is not answered within a few rings please try again.

Customer Relations: Got a service problem? We'll do our best to solve it! Call #00.

Walking & Jogging: Deck 13 is a jogging track open 24/7. Deck 7 is a walking-only track; it's open 9:00am-9:00pm. Remember, all sports play is at your own risk.

Open Flames: Such as burning candles and incense, aren't allowed.

Safety Equipment: Please don't remove or meddle with any safety equipment onboard (such as smoke detectors or fire extinguishers). And, please follow safety instructions from the crew members.

Casino: You have to be 18 (with ID) to gamble or be in the casino. Sorry, but no winnings can be paid to any person or bets in violation. Also, drinks or glassware can't be taken out; pipes or cigars can't be taken in. Slot winnings of \$1,200 & above could be subject to W2-G tax withholding.

Toilet Vacuum System: Please do not throw foreign objects into the toilet. Disposal of items other than toilet paper may damage the system.

Environmental Hotline: You can report environmental incidents by calling 1-877-501-5976, the ship reception desk at #00, or via e-mail to EnvironmentalHotline@NCL.com. All reports are confidential.