

Menu of Spa Services

They say good things come in threes, but they didn't say oh-how-good it can be! Decide which three signature spa treatments you absolutely must try and simply schedule your appointments.

You will then save each time you visit! *not included

10% off your first spa treatment

20% off your second spa treatment

30% off your third spa treatment

Ionithermie Algae Detox

50 minutes... \$159

Course of 3 for... \$399

This unique therapy detoxifies the body, reduces the appearance of cellulite and offers substantial inch loss in just one session. If you are serious about achieving dramatic and instant results, eliminating toxins and developing a plan to maintain a firm and toned body, this is the treatment you are looking for.

Add Metabolism test*

45 minutes \$35

Ionithermie Revitalizing Leg Therapy*

45 minutes... \$79

This treatment is ideal for poor circulation in the legs, swelling, varicose veins and aches associated with activities or being on your feet all day. Feel strain and heaviness drain out of your tired legs as water retention is reduced and circulation restored.

Aromaspa Seaweed Massage and Float

75 minutes... \$195

Or 100 minutes \$259

As you relax, this warm seaweed mask will detoxify, decongest and stimulate your body systems. A massage, focusing on main tension areas, will complete this treatment and offer great relief from stress, tension and muscular aches and pains. This therapy is excellent for arthritis; aches and pains; stiff joints and general muscle cleansing. A true living experience.

An additional \$20 fee applies for the use of our float bed.

Lime and Ginger Body Massage

50 minutes... \$155

Or 75 minutes \$199

An exotic exfoliation ritual to invigorate and bring vitality to your body. Warm oil is drizzled luxuriously all over your body and followed by our lime and ginger salt glow exfoliation. After rinsing away the salts, enjoy a deep tissue or Swedish massage.

Aroma Stone Massage

50 minutes... \$149

Or 75 minutes \$195

A traditional full body massage combined with deep penetrating heat from volcanic stones bathed in oriental oils. This Balinese massage helps release deep muscular tension and balance the spirit.

The Thai Herbal Poultrice Massage NEW

75 minutes \$195

The Thai herbal poultrice massage treatment utilizes warmed muslin poultices of Thai and Chinese herbs that are steamed and applied directly to the body in a kneading action. Heat and herbs are absorbed by the body to help to reduce aches and pains, increase lymphatic drainage and condition the skin. This is combined with Thai stretching and hands on deep tissue massage for the ultimate treatment.

LaTherapie Hydralift Facial

50 minutes... \$119

This youthful enhancing facial has results that are fast and dramatic. The appearance of fine lines is reduced; skin tone and texture are restored; and the complexion becomes smoother and more radiantly beautiful after just one treatment.

La Thérapie Hydra Intensif Eye, Lip, or Neck - \$20

Elemis Pro Collagen Marine Facial

50 minutes... \$145

The delicate ingredients in this facial will help lift the skin and reduce signs of aging. Specialized lifting massage techniques are combined with the unique anti-aging Japanese silk mask infused with collagen booster serums to enhance skin vitality.

Absolute Spa Ritual

100 minutes... \$265

This sumptuous ritual starts from the soles of your feet to the tingling top of your scalp! Experience a tantalizing body aromatherapy massage followed by our hands on facial, evoking a firm, fresh, youthful glow.

Bamboo Massage NEW

50 minutes... \$159

Or 75 minutes \$199

Imagine warm bamboo shoots of various sizes soaked in essential oil rolling, sliding and tapping your muscles. This gorgeously indulgent massage will revive your senses in a new innovative way, inspiring the most relaxed state. Customized to your preference, our therapist will use deep tissue techniques or gentle strokes to melt away your tension and soothe your muscles into sweet oblivion.

Couples or Friends Massage

50 minutes... \$269

The ultimate way to share quality time together. Both of you will enjoy a Swedish or deep tissue massage as you lie side by side in our reserved suite for couples.

Acupuncture

50 minutes... \$150

A traditional Chinese medicine practiced for thousands of years in China & eastern countries. A fast growing alternative therapy that is used to complement and enhance the benefits of traditional medicine. Using sterilized needles in key points on the body to restore balance & improve health. Specialty treatments available for weight loss, stress reduction, detox, facial rejuvenation, quitting smoking, seasickness and "just to try" Acupuncture.

Acupuncture facial rejuvenation

\$175

Greenhouse Spa Retreat Thermal Suite and Mineral Pool*

The Greenhouse retreat is a relaxation area exclusive to the spa including aroma therapy filled steam rooms, heated ceramic loungers, with use of our private mineral pool and scenic views of the ocean.

\$129 Single Cruise pass

\$199 Couples Cruise pass

Visit the Greenhouse Spa, 8 or dial 94 to schedule an appointment.

24 hours notice is kindly requested in canceling any appointments to avoid a 50% charge being automatically applied to your ship board account.

Treatments marked* are not classed as signature services

We recommend this signature body treatment...

Ionithermie Cellulite Reduction Program This revolutionary therapy reduces the appearance of cellulite, detoxifies the body and offers substantial inch loss (between 1-8 inches) in just one session.



THE GREENHOUSE
SPA & SALON

