

FACE

	STANDARD	VALUE
La Thérapie HydraLift Facial / 50 minutes	\$119	\$107
La Thérapie Intensif Age Zone Treatment* / add-on	\$20	\$18
<i>select two solutions from Hydra Lip Intensif, Intensif Eye Treatment, Hydra Neck Intensif and Hydra Peel Hand Treatment</i>		
La Thérapie Intensif Vitamin Anti-Oxidant Treatment* / add-on	\$20	\$18
Elemis Oxydermy Facial* / 50 minutes	\$169	\$152
Elemis Pro-Collagen Marine Facial / 50 minutes	\$145	\$131
Elemis Pro-Collagen Eye Zone Therapy / 30 minutes	\$70	\$63
Elemis Skin Specifics Facial / 50 minutes	\$119	\$107

BODY

Elemis Aroma Stone Therapy / 75 minutes	\$195	\$176
Elemis Deep Tissue Muscle Massage / 50 minutes	\$119	\$107
Sports Therapy Massage* <i>localized treatment, not full body</i> / 50 minutes ...	\$129	\$116
Swedish Massage / 50 minutes	\$119	\$107
Reflexology* / 50 minutes	\$119	\$107
Couples Massage* / 50 minutes	\$269	\$242
Elemis Total Glow Self Tanning Treatment / 50 minutes	\$155	\$140

EXOTICS

Elemis Aroma Spa Seaweed Massage (Cellutox)		
with half body massage / 75 minutes	\$195	\$176
with full body massage / 100 minutes	\$259	\$233
Elemis Aroma Spa Seaweed Massage (Musclease)		
with half body massage / 75 minutes	\$195	\$176
with full body massage / 100 minutes	\$259	\$233
Elemis Exotic Lime & Ginger Salt Glow		
with half body massage / 50 minutes	\$155	\$140
with full body massage / 75 minutes	\$199	\$179
Elemis Absolute Spa Ritual / 100 minutes	\$265	\$239
Float* / add-on	\$20	\$18

ANTI-CELLULITE / FIRING

Ionithermie Cellulite Reduction Program / 50 minutes	\$159	\$143
Course of three	\$399	\$359

ELEMIS GROOMING SERVICES FOR MEN *

Urban Cleanse Facial	\$129	\$116
Skin IQ Facial	\$119	\$107
Pro-Collagen Grooming Treatment with Shave	\$95	\$86
Deep Cleansing Treatment with Shave	\$75	\$68
Express Shave	\$45	\$41
Total Time Out (<i>facial and massage</i>).....	\$225	\$203
Beard Trim	\$15	\$15
Fringe Trim	\$15	\$15
Men's Wet Cut and Style Dry	\$25+	\$25+

FITNESS

Body Composition Analysis (BCA) / 30 minutes	\$35
Personal Training / 60 minutes	\$85
Course of three	\$209
Chakra Balancing Capsule* / 25 minutes / \$49	50 minutes / \$69

SPECIALIZED FITNESS CLASSES

Pathway to Yoga*	\$10
Pathway to Pilates*	\$10
Group Cycling*	\$10

SMILE SPA

GoSMILE Tooth Whitening Treatment / 30 minutes	\$199
Couples GoSMILE Tooth Whitening Treatment / 30 minutes	\$360

SALON

Frangipani Hair & Scalp Conditioning Ritual / 25 minutes	\$29
Shampoo / Style Dry	from \$35
Shampoo / Cut and Style Dry	from \$59
Hair Up	from \$35
Highlights <i>full head</i>	from \$89
Permanent Color <i>roots only</i>	from \$69
Permanent Color <i>whole head</i>	from \$95
Semi-Permanent Color	from \$55
Elemis Exotic Hand Ritual with Manicure / 45 minutes	\$45
Elemis Sole Delight Foot Treatment with Pedicure / 55 minutes	\$65
Traditional Manicure / 25 minutes	\$29
Traditional Pedicure / 45 minutes	\$45
Paraffin Wax Treatments for the Hands or Feet / add-on	\$25

timetospa TIPS

Satisfaction Guarantee Policy We pride ourselves on enriching the lives of all our guests with premium treatments that nurture wellness on every level. If our staff does not meet your service expectations during your treatment we will offer an alternative service or if preferred, we will issue a refund.

Value Price During your cruise the spa will offer value prices for certain services at specified times, allowing you to experience luxury therapies at a valued price. Check your daily program for details.

Nurture your Experience Be sure to arrive in the spa 15 minutes prior to your scheduled treatment time. You may be on cloud nine when you leave the treatment room. You could forget about the ring that you put in your robe pocket... so keep it safe and sound in the safety deposit box in your suite.

Cancellation Policy Please give us 24 hours notice before canceling your appointments or your on board account may be charged with 50% of your treatment cost.

Minimum Age To book in for a private treatment you must be a minimum of 18 years old. Anyone under 18 can have any spa treatments as long as he or she is accompanied by a guardian for the duration of the service.

Customer Service We aim to delight. Please let us know if there is anything else we can do to make your time in the spa more relaxing.

Product Return Policy Refunds are offered for all unopened products when accompanied by a receipt and returned by the end of the cruise. Unopened products without receipts can be exchanged for either services or products.

timetospa at home Relaxation is achieved through daily practice. Your therapist will be happy to recommend a home care regimen to continue your treatment at home.

Thank You We hope we have enhanced your on board experience and wish you days filled with well being, vitality and joy until we meet again...

* Occasionally, for reasons beyond our control, your treatment selection may not be available.

For more information on our services or products visit www.timetospa.com or call 800-423-5293 to order.

OPERATED BY STEINER, A GLOBAL SPA PROVIDER



It's timetospa!

