

# Menu of Spa Services

## **1. Ionithermie Algae Detox Slimming Treatment**

This exclusive French body correction treatment reduces cellulite, firms and tones the skin, detoxifies and re-mineralizes the body. We use two gentle stimuli to work on the stomach, thighs and buttocks. Through the power of algae externally detoxifying the body, **you will lose up to 8 inches in one treatment.**

*One session 50 minutes \$ 159*

*Course of three sessions \$399 (Save \$78)*

## **2. NEW Elemis Oxydermy Facial**

Give your skin what it's been craving. Now you can fight lines and wrinkles, reduce skin discoloration, scarring and reduce pore size. Get that glow that's been eluding you. Let us pamper your skin with the new cutting edge technology that brings Microdermabrasion and Oxygen together in one luxurious treatment. We will cleanse, polish, masque and massage you into sweet oblivion. Enjoy your vacation by looking younger and radiant instantly.

*50 Minutes \$169*

## **3. La Thérapie Hydralift Facial**

Designed by a dermatologist and plastic surgeon, this French anti-aging, deep cleansing facial is customized to suit your individual needs. Using a unique blend of science and nature, this facial is deep cleansing and rejuvenating; yet gentle enough for the most sensitive skins.

*50 Minutes \$119*

## **4. Exotic Aromaspa Seaweed Wrap with Massage**

Combining the power of the ocean with the healing effects of aromatherapy, this treatment is perfect for soothing aches and pains, Fibromyalgia, arthritis or just stiff joints. During this treatment you will receive a scalp massage and a foot massage. After showering, relax as your Therapist works out any remaining tensions with a well-being massage.

*1 hr 25 Minutes - \$195/ 100 min full body treatment - \$259*

## **5. Hot Stones Heaven**

Harnessing the properties of warm stones, we place them on key energy points on the body to harmonize the spirit. The stones give up their power and warmth to tired muscles promoting inner peace and tranquility. A firm rhythmic massage is done with warm stones, exotic hot oils and hands.

*75 Minutes \$195*

## **6. Lime and Ginger Full Body Exfoliation with Massage**

Indulge in the most luxurious body polish in the world from your neck to your toes. Our sumptuous mixture of gentle sea salt with lime and ginger removes dry, rough skin from your body. Finish with a tension release full body massage customized to your individual needs.

*25 minutes of massage \$155/ 50 minutes of massage \$199*

## **7. Bamboo Massage**

**NEW**

Utilizes warmed bamboo and rattan using deep tissue massage techniques. Excellent for increasing blood circulation and breaking down severe muscle tension.

*50minutes \$159*

## **8. Acupuncture**

A painless and relaxing treatment based on traditional Chinese medicine, individualized approach effectively alleviates pain, manages stress, improves sleep and vitality, and boosts your immune system. Acupuncture treats almost any medical concern.

*60 minutes \$150*

*Course of three \$ 360*

## **9. Couples Spa Rituals**

**Couples Massage – 50 minutes per couple \$269**

Please give 24 hours notice of cancellation to avoid a fee of 50% of your service being charged to your Sail and Sign account.

Visit spa Carnival on 11 forward or call us on 1199

### **Everything else...Book A**

Aroma-Flex...Foot & Ankle & Back Massage.....	50 minutes \$ 119
Swedish Massage.....	50 minutes \$119
Spa Taster...Mini Facial & Back Massage.....	50 minutes \$119
Deep Tissue Massage / Sports Massage.....	50 minutes \$129

## **TRY THESE SALON FAVORITES...**

**Tooth Whitening Treatment** Are you ready to improve your smile? Then try our advanced Tooth Whitening Treatment available at the spa. It's a safe and effective way to take your smile from drab to fab!

**Elemis Exotic Hand Ritual with Manicure** Warmed aromatherapy oils nourish and condition while the sublime sensation of milk lavishes its richness and healing action on your skin. This exquisite ritual includes a complete manicure.

**Elemis Sole Delight Foot Treatment with Pedicure** Indulge your feet in warmed aromatherapy oils combined with the decadence of milk, followed by a full pedicure.

